

the PROMISE —RESOURCE CENTER—

help a child tomorrow with what you learn today



January & February Newsletter

Signing Up for Classes

Here at PRC, we have a passion for education and are excited to have you join us in the pursuit of knowledge!

To register for a class, simply visit our website at www.thepromisecenter.org/register or call us at 301-290-0040. You can pay via credit card on the website or over the phone, or via check, cash or money order. Please note that classes must be paid for in advance, so please pay promptly to secure your spot.

Resource Store

Our Resource Store has multiple tools and supplies available for your art and scholastic needs. Come by the center and take advantage of our equipment and supplies at little or no cost.

Black and White Copies: \$.10/Page Laminating: \$1.50/Per Foot
Colored Paper Copies: \$.20/Page Book Binding: \$2.50/Per Book
Card Stock Copies: \$.25/Page Board Maker: \$.50/Page
Construction Paper: \$2.00/Pack, \$.05/Per Sheet
Die Cut: FREE

Cancellation Policy

We do not issue refunds if a student cancels their enrollment in a class. If you need to cancel, you must call the Promise Resource Center 24-hours in advance and we will gladly give you a credit for another class. *Cancellations must be made 48 hours in advance for CPR and First Aid and Medication Administration or your payment will be forfeited and no credits will be issued.

Stay in the know!

Visit our website to join our mailing list, and you'll receive our bi-monthly e-newsletter, behavior management tips, child care information, updates on local events, and so much more!

www.thepromisecenter.org

Questions? Email us!
info@thepromisecenter.org

It Pays to be a Member!

Become a member of the Promise Resource Center for only \$10 a year to save on certain classes, receive coupons and discounts to our Resource Store! To sign up, call us at 301-290-0040.

Be sure to "like" our page on Facebook to receive updates and fun ideas from The Promise Resource Center!



Find us on
Facebook

News From The Promise Resource Center

Special Showings at R/C Theatre

Lights are left on!

January dates are :

Tuesday, January 16

Only \$6.50 per person on
Tuesdays!

Sound is turned down!

Saturday, January 20

at 10:00am featuring the movie Paddington 2!

\$8.00 per person on
Saturdays!

Bring snacks & drinks!

Judgement-free zone!

The little ones can
dance along!



This is a great activity
for centers and family
providers!

Move around, talk, and
laugh—don't worry about
disturbing others!

FEATURED THIS MONTH

1/25: A Play on Literacy

*Time: 6:30pm-8:30pm, COK: 2 hours of
curriculum*

Fee: \$25 for members or \$30 for non-members

****NEW TRAINING****

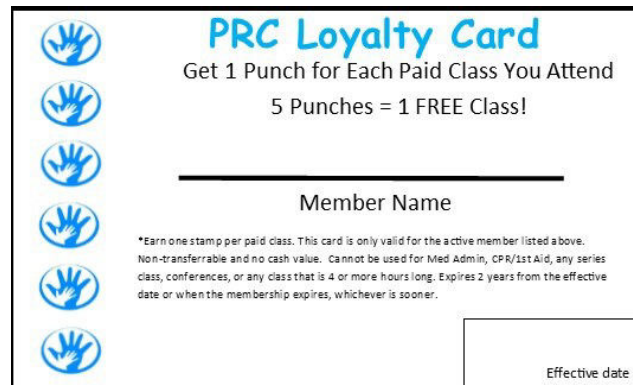
A Play on Literacy discusses the literacy developmental milestones for ages 6 months through 5 years. It is an in depth training on how to implement more reading in the classroom environment and how to assess children's reading development. This training also includes information on how to implement adaptations for children with disabilities.



Inclement Weather Policy

Please remember that PRC follows the St. Mary's Public School system. If after school activities are cancelled for St. Mary's County, then our evening trainings will also be cancelled. If schools are closed, then PRC is closed and the evening trainings are cancelled.

PROMISE



DON'T FORGET TO TAKE ADVANTAGE OF OUR LOYALTY CARD PROGRAM!

Don't think you'll make it to 5 classes this year? That's okay, loyalty cards are valid for 2 years from the date of membership!

Through this program, members will earn **one free class after attending 5 paid classes.** In addition, members will continue to receive special prices, coupons and discounts to trainings and our Resource Store!

Become a Member!

Membership Application

Please send application form with check or money order to:

***The Promise Resource Center
29958 Killpeck Creek Court
Charlotte Hall, MD 20622***

Name _____

Membership: _____ Renewal _____ New

Address _____

City _____ State _____ Zip _____

_____ \$10 Licensed Provider/Potential Provider/Other

Home Phone _____

_____ \$25 Group/Center/Director

Email address _____

Winter Provider Resource Nights

January 10 & February 6

6:00pm-8:00pm

- **Die-Cut (over 500 shapes)**
- **Use the laminator**
- **Bind Books**
- **Explore Boardmaker**
- **Network with other providers**
- **Get ideas for decor & activities**
- **Ask our infant/toddler specialist about behavior concerns, required trainings, etc.**
- **See curricula & themes in our resource library**

Get all of your snow, winter, and spring activities planned at our Provider Resource Nights!

Bring your own paper & materials or purchase it here!

CASH OR CHECK ONLY

Call 301-290-0040 to register!

PROMISE

Did You Know We Can Bring Our Trainings To Your Center?

We offer many of our trainings on-site for as few as 6 people!

Cost:

**2 Hour Training:
\$30 per person**

**3 Hour Training:
\$40 per person**

**Specialty Training
prices vary.**

View our training calendar on our website to see some of our main class offerings, or call us for a training tailored specifically to your needs!

For more information, or to schedule an on-site for your location, contact PRC at (301) 290-0040 or email register@thepromisecenter.org

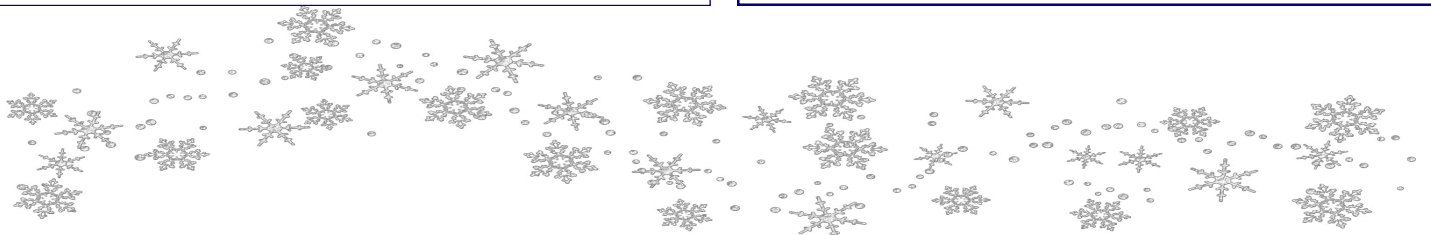
Extended Hours

Do you want to reserve our training room for a meeting or workshop!? How about use our die cuts & laminator after work? Remember we will be open for extended hours by appointment only and with advanced notice. All you need to do is call 301-290-0040 to schedule the date and time you want.

*Our regular business hours are
Monday-Friday from 8:30am-5:00pm*

Complaint Policy Pertaining to CCRR Service

All of the resource centers of the Maryland Child Care Resource Network strive to provide high-quality service to their constituencies. However, in the event that someone has concerns about an incident regarding some aspect of service at a regional child care resource center or feels that he or she was mistreated by a staff member of a resource center, the caller can contact the resource center involved. If the person is not satisfied with the way the concern or complaint was handled by the regional resource center, he or she can contact the network manager at the Maryland Family Network at 410-752-7588.



PROMISE

Be sure to look for the New Trainings being offered this month!

Registration Policy

- **Payment and registration form must be received at the time of registration.** To register for a class: mail check or money order to the Resource Center, drop off payment or call our office to pay with credit card by phone during our regular business hours, Monday-Friday, 8:30am-5:00pm.
- Online registration at our website: www.thepromisecenter.org
- No Walk-ins permitted. No money will be accepted at the door.
- Due to space limitations, liability issues and the need for a learning environment, **children are not allowed** to attend any workshops. Please make child care arrangements in advance.
- Confirmations will not be mailed. You may call 301-290-0040 to verify your enrollment in the class.
- There is a \$40 service charge for returned checks.
- You must be present and participate in the entire class to receive a certificate for the clock hours listed. **Classes begin at the stated time and no admittance is permitted 15 minutes after the class has started. Late arrivals will not receive certificates, refunds, or transfers for the class.**
- If you have lost or misplaced a certificate, there is a \$5.00 replacement fee.
- Please call 301-290-0040 in advance of class if you need assistance or require special accommodations.
- All classes are open to the public.

Cancellation Policy

- We do not issue refunds if a student cancels their enrollment in a class. If you need to cancel, **you must call the Promise Resource Center 24-hours in advance** and we will gladly give you a credit for another class. *** Cancellations must be made 48 hours in advance for CPR and First Aid** or your payment will be forfeited and no credits will be issued.
- Credit for cancelled classes must be used to attend another class within 60 days of the cancellation or it is forfeited.
- Promise Resource Center reserves the right to cancel a class if, the day prior to the class, we don't have the necessary number of paid participants. You will receive a call notifying you of the cancellation and your money will be refunded or a credit will be issued. Credit must be used to attend another class within 60 days of the cancellation or it is forfeited.
- **Promise Resource Center follows St. Mary's County Public School's inclement weather cancellation schedule. If schools are closed or after-school activities are cancelled due to inclement weather, our office will be closed and the class for that day will be cancelled. If at anytime you feel uncomfortable traveling due to inclement weather, please call prior to the class and we will be happy to transfer you to another class.**
- **For current cancellations, please call 301-290-0040.**

The Promise Resource
Center

29958 Killpeck Creek Ct.
Charlotte Hall, MD 20622

(301) 290-0040 or

(866) 290-0040

Visit us on the web at

www.thepromisecenter.org

To register for a class:

- ♦ Mail registration form, check, money order, or credit card information to the Promise Center
- ♦ Drop off payment during our regular business hours, Monday-Thursday, 8:30 am-5:00 pm
- ♦ Call our office to pay with a credit card by phone
- ♦ Visit our website and register online with a credit card

*The Promise Resource Center
provides*

*low-cost workshops for child
care providers,
parents and the
community. Our evening and
Saturday workshops meet
MSDE/Office of Child Care
requirements for Core of
Knowledge training.*

LOCATE: Child Care

If you are a licensed child care program or family child care provider, you can take advantage of this free method of advertising by keeping your LOCATE database record current.

- ♦ Report changes to your fees, email, hours, and etc.;
- ♦ Report vacancies.
- ♦ Request a database questionnaire;
- ♦ Leave a question and someone will call you back.

Call toll free **1-866-752-1614** – provider message service.

LOCATE Complaint Policy

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

Less Serious Complaint - No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.

Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.

Serious Complaint: any threat to the immediate health, safety, or welfare of a child.

When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/facility's records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE's actions in writing.

A provider may appeal the LOCATE Director's decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, LOCATE: Child Care Director



**This publication was produced as a work for hire for the benefit
of and with funds from the Maryland State Department of
Education.**

JANUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day PRC Office Closed	2	3	4	5	6
7	8 Stress in Early Childhood– Helping Children Cope 6:30pm-8:30pm Instructor: Ashley Beisel NEW TRAINING!	9 Maryland EXCELS: Level 3 Aiming for Higher Quality 6:30pm-8:30pm Instructor: Thea Quible	10 Provider Resource Night 6:00pm-8:00pm	11	12	13 CPR & First Aid 9:00am-1:00pm Instructor: Jay Hyde
14	15 Martin Luther King Jr. Day PRC Office Closed	16	17 Bully Free Zone 6:30pm-8:30pm Instructor: Patricia Carruth	18 Including All Children and The Americans with Disabilities Act 6:00pm-9:00pm Instructor: Julie Lowthert	19	20
21	22	23 Basic Health & Safety Training 6:00pm-9:00pm Instructor: Diane Stearns	24	25 A Play on Literacy 6:30pm-8:30pm Instructor: Lauren Signorelli NEW TRAINING!	26	27 Medication Administration 9:00am-4:00pm Instructor: Pat Jennings
28	29 Balancing Large and Small Group Activities 6:30pm-8:30pm Instructor: Beth Hancock	30	31			

JANUARY 2018

Training Descriptions:

1/8—Stress in Early Childhood - Helping Children Cope

Stressed children have trouble focusing, absorbing information, creating relationships with others, and having fun. In this class we will discuss strategies to help children cope with stress and skills to help them express emotion in a healthy way.

Time: 6:30pm-8:30pm, COK: 2 hours of child development

Fee: \$25 for members or \$30 for non-members

NEW TRAINING!

1/9—MD EXCELS: Level 3 Aiming for Higher Quality

We will discuss what it takes to succeed at the third level of the Maryland EXCELS program!

Time: 6:30pm-8:30pm, COK: 2 hours of professionalism

Fee: \$15 for members and non-members

1/13—CPR & First Aid

Participants will be trained in CPR for the infant, child and adult. This class meets the Maryland Child Care Administration's requirements for child care facilities.

Time: 9:00am-1:00pm

Fee: \$75 for members and non-members

1/17—Bully Free Zone

Have you ever wondered why children tease and taunt other children? Or, why some children are the frequent targets of tormenting bullies? Learn more about the reality of bullying and the impact it can have on the victim and the bully. Explore multi-dynamics of bullying and learn how you can take a stand against bullying by creating a safe and nurturing environment for the children in your care.

Time: 6:30pm-8:30pm, COK: 2 hours of child development

Fee: \$25 for members or \$30 for non-members

1/18—including All Children and The Americans with Disabilities Act

This training will go over the requirements of the ADA, inclusionary practices in early childhood and school age programs. Also, learn about local, state, and national resources available to child care providers.

Time: 6:00pm-9:00pm, COK: 3 hours of special needs

Fee: \$30 for members or \$35 for non-members

1/23—Basic Health & Safety Training

This workshop will satisfy the pending regulation requiring all child care providers, including all center staff and family providers, to complete this workshop. This workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics, and Maryland Family Network, with support from the Maryland State Child Care Association.

Time: 6:00pm-9:00pm, COK: 3 hours of health, safety, and nutrition

Fee: \$30 for members or \$35 for non-members

1/25—A Play on Literacy

A Play on Literacy discusses the literacy developmental milestones for ages 6 months through 5 years. It is an in depth training on how to implement literacy into the classroom environment for more meaningful activities, and how to assess children's literacy development. It also includes information on how to implement adaptations for children with disabilities.

Time: 6:30pm-8:30pm, COK: 2 hours of curriculum

Fee: \$25 for members or \$30 for non-members

NEW TRAINING!

1/27—Medication Administration

This training course is a 6-hour competency-based class approved by MSDE/OCC to train child care providers to safely administer oral, topical and emergency medication to children in a child care setting. Upon successful completion of this course each participant will receive a certificate of completion which will allow the participant to administer MSDE/OCC approved medications to infants, toddlers, preschool and school aged children in child care centers and homes. You must pass a pre and post test. You may bring lunch or go to a fast-food restaurant in the area.

Time: 9:00am-4:00pm, COK: 6 hours of health, safety, and nutrition

Fee: \$60 for members and non-members

1/29—Balancing Large and Small Group Activities

Classroom management is definitely a balancing act! You may want to provide more small group activities, but how? In this course, we will explore ways to introduce learning concepts in your large group activities and then how to transition into small group activities.

Time: 6:30pm-8:30pm, COK: 2 hours of curriculum

Fee: \$25 for members or \$30 for non-members

Membership:

Interested in becoming a member of The Promise Resource Center and receiving discounts on many of the classes you see here?

For only \$10 a year, individual membership will earn you :

- 1 PAU
- \$5 off select trainings
- 1 free training for every 5 trainings completed
- Satisfaction in knowing you are helping families in our community receive services for low or no cost!

Visit thepromisecenter.org/register or call 301-290-0040 to register for membership today!

FEBRUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 Emergency and Disaster Preparedness 9:00am-4:00pm Instructor: Sarah Sutherland
4	5	6 Provider Resource Night 6:00pm-8:00pm	7 Toilet Training: Catching the Cues of the Potty Dance 6:30pm-8:30pm Instructor: Ashley Beisel	8	9	10 CPR & First Aid 9:00am-1:00pm Instructor: Jay Hyde
11	12 Including All Children and The Americans with Disabilities Act 6:00pm-9:00pm Instructor: Sarah Sutherland	13 Connecting Assessment to Curriculum and Instruction 6:30pm-8:30pm Instructor: Patirica Carruth	14	15 Making Circle Time Count 6:30pm-8:30pm Instructor: Julie Lowthert	16	17
18	19	20 MD EXCELS: Next Steps 6:30pm-8:30pm Instructor: Thea Quible	21 SIDS 7:30pm-8:30pm Supporting Breastfeeding in Childcare 6:30pm-7:30pm	22	23	24 Medication Administration 9:00am-4:00pm Instructor: Pat Jennings Ethics and Professional Behavior 9:30am-11:30am @ Leonardtown Library
25	26 Basic Health & Safety Training 6:00pm-9:00pm Instructor: Diane Stearns	27	28			

FEBRUARY 2018

Training Descriptions:

2/3—Emergency and Disaster Preparedness

This course is designed for center, family, and informal child care providers. Successful completion requires completion of an emergency plan that will meet the specific needs of your child care setting.

Time: 9:00am-4:00pm, COK: 3 hours of health, safety and nutrition and 3 hours of professionalism

Fee: \$50 for members and non-members

2/7—Toilet Training: Catching the Cues of the Potty Dance

This workshop is designed to address challenges of toilet training in a child care program. We will discuss developmental readiness of the child vs. the readiness of the adult. Learn sure fire toilet training techniques including celebrating and the power of peer pressure.

Time: 6:30pm-8:30pm, COK: 2 hours of child development

Fee: \$25 for members or \$30 for non-members

2/10—CPR & First Aid

Participants will be trained in CPR for the infant, child and adult. This class meets the Maryland Child Care Administration's requirements for child care facilities.

Time: 9:00am-1:00pm

Fee: \$75 for members and non-members

2/12—Including All Children and The Americans with Disabilities Act

This training will go over the requirements of the ADA, inclusionary practices in early childhood and school age programs. Also, learn about local, state, and national resources available to child care providers.

Time: 6:00pm-9:00pm, COK: 3 hours of special needs

Fee: \$30 for members or \$35 for non-members

2/13—Connecting Assessment to Curriculum and Instruction

Learn about the importance of connecting curriculum and what you teach to assessing children and their progress!

Time: 6:30pm-8:30pm, COK: 2 hours of child development

Fee: \$25 for members or \$30 for non-members

2/15—Making Circle Time Count

Come learn how to engage children in circle time rather than put them to sleep! Children often become distracted when they are not engaged in the lesson plan. Learn how to peak interest and make circle time fun!

Time: 6:30pm-8:30pm, COK: 2 hours of curriculum

Fee: \$25 for members or \$30 for non-members

2/20—Maryland EXCELS: Next Steps

Join us for an informative workshop focused on helping you reach your MD Excels goals!

Time: 6:30pm-8:30pm, COK: 2 hours of professionalism

Fee: \$15 for members and non-members

2/21—SIDS

This one-hour workshop will discuss information on how to reduce the risk of SIDS in the child care setting. *Any provider planning on becoming licensed to care for infants needs to complete this workshop.

Time: 6:30pm-7:30pm

Fee: \$15 for members and non-members

2/21—Supporting Breastfeeding in Childcare

This is a required class for family providers licensed for infants and all center staff working in infant/toddler classes.*Any provider planning on becoming licensed to care for infants needs to complete this workshop

Time: 7:30pm-8:30pm

Fee: \$10 for members or \$15 for non-members

2/24—Ethics and Professional Behavior @ Leonardtown Library

FREE Training for St. Mary's County Providers

Having a code of ethics is one of the fundamental qualities of an early childhood educator. This training uses NAEYC's Code of Ethics conduct, decision making, and communication.

Time: 9:30am-11:30am, COK: 2 hours of professionalism

Fee: Free for St. Mary's County Providers and \$25 for members or \$30 for non-members

2/24—Medication Administration

This training course is a 6-hour competency-based class approved by MSDE/OCC to train child care providers to safely administer oral, topical and emergency medication to children in a child care setting. Upon successful completion of this course each participant will receive a certificate of completion which will allow the participant to administer MSDE/OCC approved medications to infants, toddlers, preschool and school aged children in child care centers and homes. You must pass a pre and post test. You may bring lunch or go to a fast-food restaurant in the area.

Time: 9:00am-4:00pm, COK: 6 hours of health, safety and nutrition

Fee: \$60 for members and non-members

2/26—Basic Health & Safety Training

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2/13—Connecting Assessment to Curriculum and Instruction

New Training

This workshop explains the assessment-instructional cycle. Participants will leave with an understanding of how to assess children, analyze data and make modifications to the curriculum to meet the learning needs of all children.

Time: 6:30pm-8:30pm, COK: 2 hours of child development

Fee: \$25 for members or \$30 for non-members

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MARCH 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 Medication Administration 9:00am-4:00pm Instructor: Pat Jennings
4	5 Maryland EXCELS: Aiming for Higher Quality 6:30pm-8:30pm Instructor: Thea Quible	6	7 Math and Science Activities 6:30pm-8:30pm Instructor: Diane Stearns	8 Traveling in Cars with Kids: Car Seat Safety 6:00pm-9:00pm Instructor: Lauren Signorelli New Training!!	9	10 CPR & First Aid 9:00am-1:00pm Instructor: Jay Hyde Team Building and Communication Skills 9:30am-11:30am @Leonardtwn Library
11	12	13 Stopping Meltdowns Before They Start 6:30pm-8:30pm Instructor: Ashley Beisel	14 Get Up, Get Out! Preschoolers in Motion 6:00pm-9:00pm Instructor: Patricia Carruth New Training!!	15	16	17
18	19	20 Including All Children and The Americans with Disabilities Act 6:00pm-9:00pm Instructor: Sarah Sutherland	21 Maryland EXCELS Workgroup 6:30pm-8:30pm	22 Basic Health & Safety Training 6:00pm-9:00pm Instructor: Diane Stearns	23	24
25	26	27	28	29	30	31

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Training Descriptions:

3/3—Medication Administration

This training course is a 6-hour competency-based class approved by MSDE/OCC to train child care providers to safely administer oral, topical and emergency medication to children in a child care setting. Upon successful completion of this course each participant will receive a certificate of completion which will allow the participant to administer MSDE/OCC approved medications to infants, toddlers, preschool and school aged children in child care centers and homes. You must pass a pre and post test. You may bring lunch or go to a fast-food restaurant in the area.
Time: 9:00am-4:00pm, COK: 6 hours of health, safety, and nutrition
Fee: \$60 for members and non-members

3/5—MD EXCELS: Aiming for Higher Quality

We will discuss steps and strategies to help you get to the third level of the Maryland EXCELS program!
Time: 6:30pm-8:30pm, COK: 2 hours of professionalism
Fee: \$15 for members and non-members

3/7—Math and Science Activities

Looking to add more STEM activities to your curriculum? Join us for this exciting class to hear about fun and engaging activities that will help children learn and love math and science!
Time: 6:30pm-8:30pm, COK: 2 hours of curriculum
Fee: \$25 for members or \$30 for non-members

3/8—Traveling in Cars with Kids: Car Seat Safety *NEW TRAINING*

During this workshop, providers will learn how to properly protect the children that they transport. Participants will engage in hands-on activities that will encourage proper use and installation of car seats, booster seats and seat belts.
Time: 6:00pm-9:00pm, COK: 3 hours of Health, Safety, and Nutrition
Fee: \$30 for members or \$35 for non-members

3/10—CPR & First Aid

Participants will be trained in CPR for the infant, child and adult. This class meets the Maryland Child Care Administration's requirements for child care facilities.
Time: 9:00am-1:00pm
Fee: \$75 for members and non-members

3/10—Team Building and Communication Skills @ Leonardtown Library

In this training we will discuss team building activities and routines to keep staff on the same page and working well together. We will also discuss communication strategies to help address differences in the workplace.
Time: 9:30am-11:30am, COK: 2 hours of professionalism
Fee: Free for St. Mary's County Providers, \$25 for members or \$30 for non-members from Calvert or Charles Counties

3/13—Stopping Meltdowns Before They Start

Learn about the signs and common causes of meltdowns and learn how to avoid them through distraction and communication.
Time: 6:30pm-8:30pm, COK: 2 hours of child development
Fee: \$25 for members or \$30 for non-members

3/14—Get Up, Get Out! Preschoolers in Motion *NEW TRAINING*

In this workshop, we will learn strategies and implementation tips for integrating structured vigorous activities into your program. Participants should come prepared for a full hour of physical activity during this workshop by dressing in comfortable clothes and shoes. Participants will leave inspired and motivated to implement an exciting physical education atmosphere to their early childhood program.
Time: 6:00pm-9:00pm, COK: 3 hours of curriculum
Fee: \$30 for members or \$35 for non-members

3/20—including All Children and The Americans with Disabilities Act

This training will go over the requirements of the ADA, inclusionary practices in early childhood and school age programs. Also, learn about local, state, and national resources available to child care providers.
Time: 6:00pm-9:00pm, COK: 3 hours of special needs
Fee: \$30 for members or \$35 for non-members

3/21—Maryland EXCELS Workgroup

This is a free workgroup for providers seeking support with Maryland EXCELS registration and application, publishing at a quality check level rating (1-5), creating or revising documentation to meet Maryland EXCELS criteria, technology support or general question and answer time. No core of knowledge will be earned for this workgroup
Time: 6:30pm-8:30pm
Fee: Free

3/22—Basic Health & Safety Training

This workshop will satisfy the pending regulation requiring all child care providers, including all center staff and family providers, to complete this workshop. This workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics, and Maryland Family Network, with support from the Maryland State Child Care Association.
Time: 6:00pm-9:00pm, COK: 3 hours of health, safety, and nutrition
Fee: \$30 for members or \$35 for non-members

Membership:

Interested in becoming a member of The Promise Resource Center and receiving discounts on many of the classes you see here?

For only \$10 a year, individual membership will earn you :

- 1 PAU
- \$5 off select trainings
- 1 free training for every 5 trainings completed
- Satisfaction in knowing you are helping families in our community receive services for low or no cost!

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