

the PROMISE

—RESOURCE CENTER—

help a child tomorrow with what you learn today



April / May 2016

Signing Up for Classes

Here at PRC, we have a passion for education and are excited to have you join us in the pursuit of knowledge!

To register for a class, simply visit our website at www.thepromisecenter.org or call us at 301-290-0040. You can pay via credit card on the website or over the phone, or via check, cash or money order. Please note that classes must be paid for in advance, so please pay promptly to secure your spot.

Resource Store

Our Resource Store has multiple tools and supplies available for your art and scholastic needs. Come by the center and take advantage of our equipment and supplies at little or no cost.

Black and White Copies: \$.10/Page Laminating: \$1.50/Per Foot
Colored Paper Copies: \$.20/Page Book Binding: \$2.50/Per Book
Card Stock Copies: \$.25/Page Board Maker: \$.50/Page
Construction Paper: \$2.00/Pack, \$.05/Per Sheet
Die Cut: FREE

Inclement Weather Policy

Please remember PRC follows the St. Mary's Public School closings. If after school activities are cancelled for St. Mary's County, then our evening trainings will also be cancelled. If schools are closed, then PRC is closed and the evening trainings are cancelled.

Stay in the know!

Visit our website to join our mailing list, and you'll receive our bi-monthly e-newsletter, behavior management tips, child care information, updates on local events, and so much more!

www.thepromisecenter.org

Questions? Email us!

info@thepromisecenter.org

It Pays to be a Member!

Become a member of the Promise Resource Center for only \$10 a year to save on certain classes, receive coupons and discounts to our Resource Store! To sign up, call us at 301-290-0040.



**Find us on
Facebook**

Be sure to "like" our page on Facebook to receive updates and fun ideas from The Promise Resource Center!

**St. Mary's
County
Fairgrounds**



**May 13
2016**

Showing Disney / Pixar's
"Inside Out"



**Featuring Pre-Movie Performances By:
The Piranhas**

**GTO Band, Latrice Carr, and DJ Mean Gene
With Special Appearances By: The Inside Out Characters
and Pinch from The Blue Crabs!**

**PLUS: Bounce House, Little Farm Jump Yard, Arts & Crafts,
Giveaways, Games and more!**

Concessions Served By:

Mechanicsville Optimist Club
I'se Da Bye Food Truck
Pizza Hotline
Bruster's Real Ice Cream

Cameron's Smoothie Shack
St. Mary's County Crime Solvers
Johnson Family Funnel Cakes, LLC
The Promise Resource Center

**Tickets on sale now at
thepromisecenter.org/drivein**



April is Child Abuse Prevention Month

MYTH #1: It's only child abuse if violence is involved.

MYTH #2: Only bad people abuse their children.

MYTH #3: Child abuse doesn't happen in "good" families.

MYTH #4: Most children are abused by strangers.

MYTH #5: Abused children always grow up to be abusers.

April is National Child Abuse Prevention Month. More than five children die as a result of abuse or neglect every day. In addition, an average of 3.3 million child abuse reports are made annually. The development of safe, stable, and nurturing relationships and environments between children, their parents, and child care providers is essential to preventing child abuse. Research shows that parents and child care providers, who have resources and support are more likely to provide safe and healthy environments for children.

In honor of Child Abuse Prevention Month, The Promise Resource Center urges you to make sure you know the types of child abuse, warning signs to watch for, and how to report abuse.

View our featured courses detailing this important information.

- **Child Abuse: Identification and Reporting**
- **Child Abuse: Physical Abuse Awareness**
- **Child Abuse: Sexual Abuse Awareness**
- **8 Hour Child Abuse Awareness for Center Staff**
- **8 Hour Child Abuse Awareness for Family Child Care Home Providers**

For more information please call (301) 290-0040
Or email register@thepromisecenter.org



Smart Horizons is accredited by the International Association for Continuing Education and Training (IACET) and is authorized



Visit us online at
www.thepromisecenter.org/programs/training
to view our available services

PRC April Highlights

4/19-Eliminating Challenging Behavior (2 Child Development Hours)- This training will take a look at behavior, transitions and room design. Participants will learn how to improve these areas in their own programs through lecture, interactive activities and a “make & take” activity.

Fee: \$25 / Member, \$30 Non-Member

Time: 6:30pm-8:30pm

4/21-Stress! It's Not Worth It (2 Professional Hours)- Participants will learn about several aspects of stress. You will learn to identify the body's natural responses to stress, how to handle these reactions and strategies to reduce stress. The children in your care will thank you for participating in this workshop!

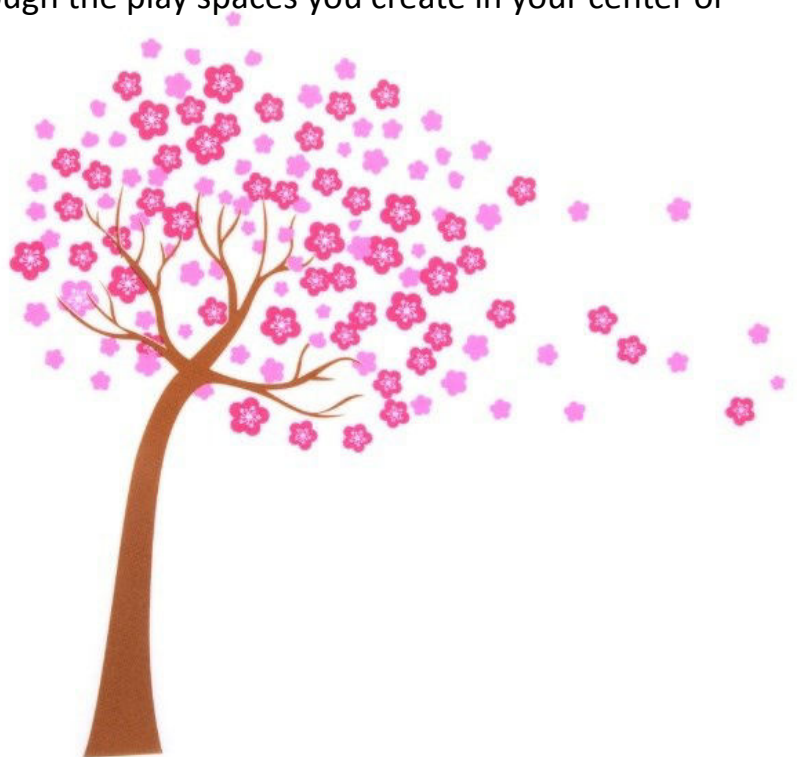
Fee: \$25 / Member, \$30 / Non-Member

Time: 6:30pm-8:30pm

4/26-Learn N Play (2 Child Development Hours)- This workshop will focus on the different ways that children learn including hands on, visual, and auditory. You will learn how to facilitate these different learning styles through the play spaces you create in your center or home.

Fee: \$25 / Member, \$30 / Non-Member

Time: 6:30pm-8:30pm



Southern Maryland April Highlights

Calvert County Family Fun Fest

April 16- Calvert County Family Fun Fest will be held Saturday, April 16 from 10:00 am to 2:00 pm. Fun Fest is a school readiness fair targeted to children age 5 and younger. This FREE event offers performances from Mad Science and Wolf Trap Foundation for Performing Arts, information about over 25 community organizations, as well as loads of fun and educational activities, free food, books, and Chesapeake Beach Water Park passes. The event is sponsored by the HIPPY/Healthy Families Calvert County program, a part of Calvert County Public Schools. Funding provided by United Way of Calvert and PNC Bank.

Location: Beach Elementary School, 7900 Old Bayside Road, Chesapeake Beach MD, 20732

Date: 4/16/2016

Time: 10:00 AM

Southern Maryland Blue Crabs Opening Day

April 21- Join the Blue Crabs for their first game of the season vs. the Lancaster Barnstormers at Regency Furniture Stadium! Don't miss out on the fireworks at the top of the 7th inning! Tickets begin at \$13.

Location: Regency Furniture Stadium, 11765 St Linus Dr, Waldorf, MD 20602

Date: 4/21/2016

Time: 7:05PM

Fairy & Gnome Festival

April 24- You are invited to a magical afternoon of creative play, games, unicorn rides, a petting zoo, bubble magic, music, crafts, and more! Along our enchanted Wooded Path, you will find a Fairy Lolly, the Troll's Treasure Trough, Gnome Games, Fantasy face painting, strolling entertainers, and a delightful Petting Zoo full of baby animals! Build your own fairy house or gnome home, and engage in a variety of imaginative activities! Food and drinks will be available as well! Free for members; \$5 for non-members; free for ages 2 & under.

Location: Anne Marie Sculpture Garden and Arts Center, 13480 Dowell Rd, Dowell, MD, 20629

Date: 4/24/2016

Time: 12:00 PM

For more tri-county events please visit
our website at somdparents.com



Earth Day Art Activity—April 22

This is a great lesson for kids of all ages to learn about the importance of the earth and preserving our environment. Begin by discussing Earth conscious habits like turning off the lights in empty rooms and conserving water when brushing teeth. Have the kids dip their hands in green paint and transfer their print over to a blue circle (cut or drawn). The green represents land and blue represents water. Pre-school aged kids and toddlers can use green finger paints to make land masses on their circle. Have children make an Earth Day Promise under their handprint and don't forget to remind them of their promises throughout the year!



ATTENTION!

A new COMAR regulation is now projected to take effect in July of 2017 that will require all licensed early care and education programs (child care centers and family child care home providers) to conduct routine developmental screenings on the children in their programs from infancy until they enter school. These screenings are viewed by the State of Maryland as part of health and wellness and may determine if the child needs further evaluation. This requirement makes it mandatory that all Lead Teachers, Family Providers and Center Directors complete a 4-hour training on the developmental screening process and tools entitled:

On Track: All Aboard for Developmental Progress.

This training must be completed before July of 2017.

Please note, The Maryland State Department of Education approved screening tools are **no longer** offered for free but can be obtained for their full retail price.

Maryland State Department of Education has recommended the following five Developmental Screening Tools:

- 1) **Ages and Stages, Third Edition**
- 2) **BRIGANCE Early Childhood Screens III**
- 3) **Speed Developmental Indicators of Assessment (Speed DIAL-4)**
- 4) **Early Screening Inventory (ESI-R)**
- 5) **Best Beginnings Developmental Screening**

The Promise Resource Center has a copy of all of these developmental screening tools for you to review. Please feel free to stop by to look at them and talk with our staff about this upcoming regulation.

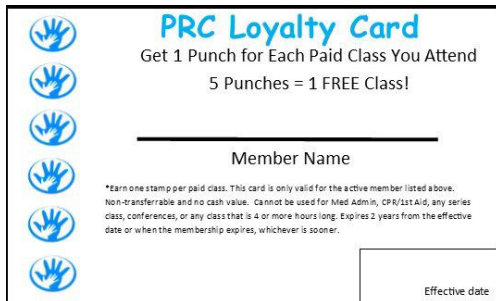
Please be on the look out for future offerings of this mandated class.

****EARN A PAU ****

Who: Lead teachers and family providers conduct developmental screenings PRIOR to the implementation of the developmental screening regulation.

Documentation: Letter of confirmation from the Director of the program or Registered Family Provider

PROMISE



Our Loyalty Card program is available to all members!

To show our appreciation, members will earn one free class after attending 5 paid classes. In addition, members will continue to receive special prices, coupons and discounts to trainings and our Resource Store! If you're an existing member, call us or stop in to request your new Loyalty Card!

Money raised through membership to our agency goes to support our work with at-risk families, informal caregivers and Grandparents who care for their grandchildren. One of the overarching goals each of these programs maintains is to improve children's school readiness skills, so they are better prepared for success. Through these programs, families and caregivers receive a free packet of learning games and activity materials for children ages birth-6yrs that focus on building early math, science, social emotional and literacy skills!

Become a Member!

Membership Application

Please send application form with check or money order to:

***The Promise Resource Center
29958 Killpeck Creek Court
Charlotte Hall, MD 20622***

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____

Email address _____

Membership: _____ Renewal _____ New

_____ \$10 Licensed Provider/Potential Provider/Other

_____ \$25 Group/Center/Director

PROMISE

Extended Hours

Do you want to reserve our training room for a meeting or workshop!? How about use our die cuts & laminator after work? Remember we will be open for extended hours by appointment only and with advanced notice. All you need to do is call 301-290-0040 to schedule the date and time you want.

*Our regular business hours are
Monday-Friday from 8:30am-5:00pm*

Complaint Policy Pertaining to CCRR Service

All of the resource centers of the Maryland Child Care Resource Network strive to provide high-quality service to their constituencies. However, in the event that someone has concerns about an incident regarding some aspect of service at a regional child care resource center or feels that he or she was mistreated by a staff member of a resource center, the caller can contact the resource center involved. If the person is not satisfied with the way the concern or complaint was handled by the regional resource center, he or she can contact the network manager at the Maryland Family Network at 410-752-7588.

Did You Know We Can Bring Our Trainings To Your Center?

We offer many of our trainings on-site for as few as 6 people!

Cost:

**2 Hour Training:
\$30 per person**

**3 Hour Training:
\$40 per person**

**Specialty Training
prices vary.**

View our training calendar on our website to see some of our main class offerings, or call us for a training tailored specifically to your needs!

For more information or to schedule an on-site for your location contact PRC at
(301)290-0040 or email
register@thepromisecenter.org

PROMISE

Be sure to look for the New Trainings being offered this quarter!

Registration Policy

- **Payment and registration form must be received at the time of registration.** To register for a class: mail check or money order to the Resource Center, drop off payment or call our office to pay with credit card by phone during our regular business hours, Monday-Friday, 8:30am-5:00pm.
- Online registration at our website: www.thepromisecenter.org
- No Walk-ins permitted. No money will be accepted at the door.
- Due to space limitations, liability issues and the need for a learning environment, **children are not allowed** to attend any workshops. Please make child care arrangements in advance.
- Confirmations will not be mailed. You may call 301-290-0040 to verify your enrollment in the class.
- There is a \$40 service charge for returned checks.
- You must be present and participate in the entire class to receive a certificate for the clock hours listed. **Classes begin at the stated time and no admittance is permitted 15 minutes after the class has started. Late arrivals will not receive certificates, refunds, or transfers for the class.**
- If you have lost or misplaced a certificate, there is a \$5.00 replacement fee.
- Please call 301-290-0040 in advance of class if you need assistance or require special accommodations.
- All classes are open to the public.

Cancellation Policy

- We do not issue refunds if a student cancels their enrollment in a class. If you need to cancel, you must call the Promise Resource Center 24-hours in advance and we will gladly give you a credit for another class. * **Cancellations must be made 48 hours in advance for CPR and First Aid** or your payment will be forfeited and no credits will be issued.
- Credit for cancelled classes must be used to attend another class within 60 days of the cancellation or it is forfeited.
- Promise Resource Center reserves the right to cancel a class if, the day prior to the class, if we don't have the necessary number of paid participants. You will receive a call notifying you of the cancellation and your money will be refunded or a credit will be issued. Credit must be used to attend another class within 60 days of the cancellation or it is forfeited.
- **Promise Resource Center follows St. Mary's County Public School's inclement weather cancellation schedule. If schools are closed or after-school activities are cancelled due to inclement weather, our office will be closed and the class for that day will be cancelled. If at anytime you feel uncomfortable traveling due to inclement weather, please call prior to the class and we will be happy to transfer you to another class.**
- **For current cancellations, please call 301-290-0040.**

The Promise Resource
Center

29958 Killpeck Creek Ct.
Charlotte Hall, MD 20622

(301) 290-0040 or

(866) 290-0040

Visit us on the web at

www.thepromisecenter.org

To register for a class:

- ♦ Mail registration form, check, money order, or credit card information to the Promise Center
- ♦ Drop off payment during our regular business hours, Monday-Thursday, 8:30 am-5:00 pm
- ♦ Call our office to pay with a credit card by phone
- ♦ Visit our website and register online with a credit card

*The Promise Resource Center
provides*

*low-cost workshops for child
care providers,
parents and the
community. Our evening and
Saturday workshops meet
MSDE/Office of Child Care
requirements for Core of
Knowledge training.*

LOCATE: Child Care

If you are a licensed child care program or family child care provider, you can take advantage of this free method of advertising by keeping your LOCATE database record current.

- ♦ Report changes to your fees, email, hours, and etc.;
- ♦ Report vacancies.
- ♦ Request a database questionnaire;
- ♦ Leave a question and someone will call you back.

Call toll free **1-866-752-1614**, provider message service.

LOCATE Complaint Policy

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

Less Serious Complaint - No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.

Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.

Serious Complaint: any threat to the immediate health, safety, or welfare of a child.

When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/facility's records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE's actions in writing.

A provider may appeal the LOCATE Director's decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to Arna Griffith, Director, LOCATE: Child Care.



**This publication was produced as a work for hire for the benefit
of and with funds from the Maryland State Department of
Education.**

April 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 ADHD 2SN 6:30pm-8:30pm	5	6 Exploring the World of Dinosaurs 2CU 6:30pm-8:30pm	7 Kindness in Curriculum 3CU 6:00pm-9:00pm	8	9
10	11	12 Center Aide Orientation 3P 6:00pm-9:00pm	13 Including All Children and the Americans With Disabilities Act 3SN 6:00pm-9:00pm	14	15	16 Medication Administration 6HSN 9:00am-4:00pm
17	18	19 Eliminating Challenging Behavior 2CD 6:30pm-8:30pm	20 General Nutrition 2HSN 6:30pm-8:30pm	21 Stress! It's Not Worth It 2P 6:30pm-8:30pm	22	23 CPR& First Aid 9:00am-1:00pm
24	25	26 Learn N Play 2CD 6:30pm-8:30pm	27	28 Path to Math 3CU 6:00pm-9:00pm	29	30

April 2016

4/4— ADHD (2SN)

One common diagnosis is often given for a disorder that has an array of behaviors. Dealing with ADHD can be frustrating for both children and caregivers. This training will discuss the symptoms of ADHD, how it is diagnosed and strategies to help deal with ADHD.

Time: 6:30pm-8:30pm, Instructor: Donna Bennett

Fee: \$25 Member, \$30 Non-Member

4/6— Exploring the World of Dinosaurs (2CU)

Learn how you can incorporate the pre-historic world of dinosaurs into your lesson plan!

Time: 6:30pm-8:30pm, Instructor: Kelly Hutter

Fee: \$25 Member, \$30 Non-Member

4/7— Kindness in Curriculum (3CU)

This training will go over how you can keep kindness at the forefront of your classroom. Learn about lesson plans and themes all focused on kindness and creating a safe environment for the children in your care.

Time: 6:00pm - 9:00pm, Instructor: Sara Ott

Fee: \$30 Member, \$35 Non-Member

4/12— Center Aide Orientation (3P)

Center Aide orientation is important to get center aides familiar with the duties and requirements they will need to fill in their role.

Time: 6:00pm-9:00pm, Instructor: Julie Lowthert

Fee: \$30 Member, \$35 Non-Member

4/13—Including All Children & The Americans with Disabilities Act (3SN)

This training will go over the requirements of the ADA, inclusionary practices in early childhood and school age programs. Also, learn about the local, state and national resources available to child care providers.

Time: 6:00pm-9:00pm, Instructor: Sarah Sutherland

Fee: \$30 Member, \$35 Non-Member

4/16— Medication Administration (6HSN)

This training course is a 6-hour competency-based class approved by MSDE/OCC to train child care providers to safely administer oral, topical and emergency medication to children in a child care setting. Upon successful completion of this course each participant will receive a certificate of completion which will allow the participant to administer MSDE/OCC approved medications to infants, toddlers, preschool and school aged children in child care centers and homes. You must pass a pre and post test. You may bring lunch or go to a fast-food restaurant in the area.

Time: 9:00am-4:00pm, Instructor: Pat Jennings

Fee: \$60 Member, \$60 Non-Member

4/19— Eliminating Challenging Behavior (2CD)

This training will take a look at behavior, transitions and room design. Participants will learn how to improve these areas in their own programs through lecture, interactive activities and a “make and take” project.

Time: 6:30pm-8:30pm, Instructor: Donna Bennett

Fee: \$25 Member, \$30 Non-Member

4/20— General Nutrition (2HSN)

Learn about keeping healthy and balanced meals and snacks available for the children in your care. It’s very easy to lean toward sugary, empty snacks like chips and fruit snacks. However, the healthy choices you make today, will benefit your children in the future.

Time: 6:30pm-8:30pm, Instructor: Kelly Hutter

Fee: \$25 Member, \$30 Non-Member

4/21— Stress! It’s Not Worth It (2P)

Participants will be able to define stress, identify the body’s response to stress and learn how to handle and reduce stress.

Time: 6:30pm-8:30pm, Instructor: Kelsey Colvin

Fee: \$25 Member, \$30 Non-Member

4/23—CPR & First Aid

Participants will be trained in CPR for the infant, child and adult. This class meets the Maryland Child Care Administration’s requirements for child care facilities.

Time: 9:00am-1:00pm, Instructor: Jay Hyde

Fee: \$65 Member, \$65 Non-Member

4/26— Learn N Play (2CD)

This workshop will focus on the different ways that people learn and how to facilitate these different learning styles through play spaces you create in your center or home.

Time: 6:30pm-8:30pm, Instructor: Julie Lowthert

Fee: \$25 Member, \$30 Non-Member

4/28— Path to Math (3CU)

STEM is a hot topic for many child care providers and teachers. Experts suggest that the U.S needs to open up more paths for children to learn about STEM and the opportunities it can provide. Come learn about opening a path to math and see how you can incorporate math into your curriculum and spark interest from your students!

Time: 6:00pm-9:00pm, Instructor: Sarah Sutherland

Fee: \$30 Member, \$35 Non-Member

Core Of Knowledge Areas:

(HSN) Health, Safety and Nutrition, (CD) Child Development,

(CU) Curriculum, (P) Professionalism,

(CO) Community, (SN) Special Needs

May 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Communicating with Non-Verbal Children 2SN 6:30pm-8:30pm	3	4	5 NEW!!! You've Got a Friend: Teaching Friendship Skills 2CU,1CD 6:00pm-9:00pm	6	7 On Track: All Aboard for Developmental Progress Overview 2CD,2P 8:00am-12:00pm
8	9	10 MSDE Accreditation 2P 6:30pm-8:30pm	11	12	13	14 Medication Administration 6HSN 9:00am-4:00pm
15	16 Conflict Resolution II: Peaceable Solutions 2CD 6:30pm-8:30pm	17 Everyday Fun with Social Studies 2CU 6:30pm-8:30pm	18	19 SIDS 1HSN 6:30pm-7:30pm	20	21 CPR & First Aid 9:00am-1:00pm
22	23	24 Child Abuse & Neglect 2HSN 6:30pm-8:30pm	25 Including All Children and the Americans With Disabilities Act 3SN 6:00pm-9:00pm	26 NEW!!! Mindfulness and Yoga for Adults and Young Children 3CU 6:00pm-9:00pm	27	28
29	30	31				

May 2016

5/2-Communicating with Non-Verbal Children (2SN)

This is a great training for those with toddlers and children with special needs. The inability to communicate can be very frustrating for both child and adult. This class will go over strategies to communicate with children who cannot communicate orally.

Time: 6:30pm-8:30pm, Instructor: Donna Bennett

Fee: \$25 Member, \$30 Non-Member

NEW!! 5/5-You've Got a Friend: Teaching Friendship Skills (1CD, 2CU)

Throughout the day, children learn to share, solve problems and collaborate. They also build friendships that promote positive social and emotional development. These skills do not all come naturally and some children have difficulty interacting with peers and building friendships. By teaching children appropriate social skills and creating opportunities for children to practice these skills, teachers can improve social behavior among their students. This workshop uses CSEFEL based tools and strategies to help providers teach these important skills to children in their care.

Time: 6:00pm-9:00pm, Instructor: Julie Lowthert

Fee: \$30 Member, \$35 Non-Member

5/7-On Track: All Aboard for Developmental Progress Overview (2CD, 2P)

Participants will learn about the importance of developmental screeners and how they can be a useful tool to child care programs.

Time: 8:00am-12:00pm, Instructor: Sarah Sutherland

Fee: \$35 Member, \$40 Non-Member

5/10-MSDE Accreditation (2P)

Centers who are interested in pursuing MSDE Accreditation are required to attend this orientation. Learn about the on-line system (OARS) and the steps to becoming a MSDE Accredited center.

Time: 6:30pm-8:30pm, Instructor: Sara Ott

Fee: \$25 Member, \$30 Non-Member

5/14- Medication Administration (6HSN)

This training course is a 6-hour competency-based class approved by MSDE/OCC to train child care providers to safely administer oral, topical and emergency medication to children in a child care setting. Upon successful completion of this course each participant will receive a certificate of completion which will allow the participant to administer MSDE/OCC approved medications to infants, toddlers, preschool and school aged children in child care centers and homes. You must pass a pre and post test. You may bring lunch or go to a fast-food restaurant in the area.

Time: 9:00am-4:00pm, Instructor: Pat Jennings

Fee: \$60 Member, \$60 Non-Member

5/16-Conflict Resolution II: Peaceable Solutions (2CD)

Participants will learn strategies to avoid conflict and take hold of a situation in a peaceful manner should conflict arise in their center or home.

Time: 6:30pm-8:30pm, Instructor: Donna Bennett

Fee: \$25 Member, \$30 Non-Member

5/17-Everyday Fun with Social Studies (2CU)

It's easy to incorporate social studies into your daily routine. We'll explore fun, simple activities that engage young children with people and places in their community and beyond.

Time: 6:30pm-8:30pm, Instructor: Julie Lowthert

Fee: \$25 Member, \$30 Non-Member

5/19-SIDS (1HSN)

Sudden Infant Death Syndrome is the final diagnosis for about 4,000 sleep-related infant deaths that occur each year in the US. This workshop will identify possible medical vulnerabilities that put infants at greater risk for sudden death.

Time: 6:30pm-7:30pm, Instructor: Kelly Hutter

Fee: \$15 Member, \$15 Non-Member

5/21- CPR & First Aid

Participants will be trained in CPR for the infant, child and adult. This class meets the Maryland Child Care Administration's requirements for child care facilities.

Time: 9:00am-1:00pm, Instructor: Jay Hyde

Fee: \$65 Member, \$65 Non-Member

5/24-Child Abuse & Neglect (2HSN)

In honor of child abuse prevention month, join instructor Kelsey Colvin for an informative class focused on child safety and preventing neglect. We will focus on four areas of maltreatment including physical, sexual, emotional abuse as well as neglect. The legal aspects of reporting maltreatment will be reviewed and participants will learn how they should respond to children in need of help.

Time: 6:30pm-8:30pm, Instructor: Kelsey Colvin

Fee: \$25 Member, \$30 Non-Member

5/25-Including All Children & The Americans with Disabilities Act (3SN)

This training will go over the requirements of the ADA, inclusionary practices in early childhood and school age programs. Also, learn about the local, state and national resources available to child care providers.

Time: 6:00pm - 9:00pm, Instructor: Kelly Hutter

Fee: \$30 Member, \$35 Non-Member

NEW!! 5/26-Mindfulness & Yoga for Adults and Young Children (3CU)

Yoga is a great stress reliever and activity to help children focus, calm down and recognize their emotions. Learning strategies to stay mindful and relaxed will help child care providers remain stress free in the workplace. Come learn yoga poses and mindful activities that will benefit the children in your program!

Time: 6:00pm-9:00pm, Instructor: Sara Ott

Fee: \$30 Member, \$35 Non-Member

Core Of Knowledge Areas:

(HSN) Health, Safety and Nutrition, (CD) Child Development,

(CU) Curriculum, (P) Professionalism,

(CO) Community, (SN) Special Needs