

the
PROMISE
— RESOURCE CENTER —
help a child tomorrow with what you learn today



November/December Newsletter

Signing Up for Classes

Here at PRC, we have a passion for education and are excited to have you join us in the pursuit of knowledge!

To register for a class, simply visit our website at www.thepromisecenter.org or call us at 301-290-0040. You can pay via credit card on the website or over the phone, or via check, cash or money order. Please note that classes must be paid for in advance, so please pay promptly to secure your spot.

Resource Store

Our Resource Store has multiple tools and supplies available for your art and scholastic needs. Come by the center and take advantage of our equipment and supplies at little or no cost.

Black and White Copies: \$.10/Page Laminating: \$1.50/Per Foot
Colored Paper Copies: \$.20/Page Book Binding: \$2.50/Per Book
Card Stock Copies: \$.25/Page Board Maker: \$.50/Page
Construction Paper: \$2.00/Pack, \$.05/Per Sheet
Die Cut: FREE

Cancellation Policy

We do not issue refunds if a student cancels their enrollment in a class. If you need to cancel, you must call the Promise Resource Center 24-hours in advance and we will gladly give you a credit for another class. * Cancellations must be made 48 hours in advance for CPR and First Aid or your payment will be forfeited and no credits will be issued.

Stay in the know!

Visit our website to join our mailing list, and you'll receive our bi-monthly e-newsletter, behavior management tips, child care information, updates on local events, and so much more!

www.thepromisecenter.org

Questions? Email us!

info@thepromisecenter.org

It Pays to be a Member!

Become a member of the Promise Resource Center for only \$10 a year to save on certain classes, receive coupons and discounts to our Resource Store! To sign up, call us at 301-290-0040.

 Find us on
Facebook

Be sure to "like" our page on Facebook to receive updates and fun ideas from The Promise Resource Center!

News From The Promise Resource Center

The Promise Resource Center is participating in Giving Tuesday this year on November 29th. Although many organizations use this time to fundraise, our campaign is more about promoting family bonding and sharing memorable experiences with your children. So, we have re-named our Giving Tuesday campaign to #GivingTimeTuesday. We encourage every family to give time to each other and your children by reading a book together. Reading not only strengthens the parent-child bond but encourages literacy skills and creativity. To join the #GivingTimeTuesday movement, share a photo of a family activity, like reading using the hashtag #GivingTimeTuesday. Your children will thank you for it! Follow us on Facebook for updates on #GivingTimeTuesday and to find out how you can participate!

45 Hour Infant & Toddler Training

Last chance to register for the 15-module training that will put you on the path to working with infants and toddlers!

Participants must complete all coursework for all modules to receive certificate. The first module will be held on Thursday, November 3rd!

See Page 3 and Training Calendar for more information!

Contact Julie Lowthert at 301-290-0040 or jlowthert@thepromisecenter.org with questions.



We have several special events coming up!

- Special Showings for Special Needs (sensory friendly movies) in November and December. Now on Saturdays! (Page 4)
- Science Friday Funday on November 4th @ 10AM. We'll be experimenting with dancing raisins, ooblek, magnets and more! \$5 per child over the age of 2.

This Month's Featured Class

11/15: Girls Vs. Boys (2CD)

Ever wondered if there really are developmental differences between girls and boys? Girls Vs. Boys is a presentation and hands-on style training about the physical, cognitive, and social differences between school-aged boys and girls.

Time: 6:30pm-8:30pm, Instructor: Julie Lowthert

Fee: \$25 Member, \$30 Non-Member



Infant & Toddler 45 Hour Series



This 45 hour Infant/Toddler course meets MSDE requirements for child care center Infant/Toddler teachers and family providers. The series introduces major concepts, principles, theories and research related to the development and care of children birth to three years of age. Participants will learn to create a healthy and safe environment for care and early learning by applying the principles of Infant/ Toddler growth and development.

Who: All Infant/Toddler teachers in child care centers and family providers who are interested in providing care for more than 2 infants are required to complete this series.

Where: The Promise Resource Center
29958 Killpeck Creek Court, Charlotte Hall, MD 20622

When: Thursdays from November 2016– March 2017

Fee: \$450 Member, Non-Member (All Modules*)
\$40 Member, Non-Member (Individual Modules)

*Each participant must complete all coursework for the 15 modules of training to receive a certificate of completion.



in partnership with



Special Showings for

Special Needs



- ✓ sound turned down
- ✓ lights turned up
- ✓ bring your own snacks and drinks if your child has dietary restrictions

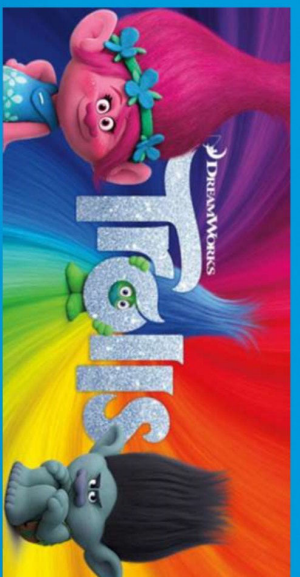
Tuesdays and Saturdays the 3rd week of the month @ 10am

For more information, visit www.thepromisecenter.org/specialshowings

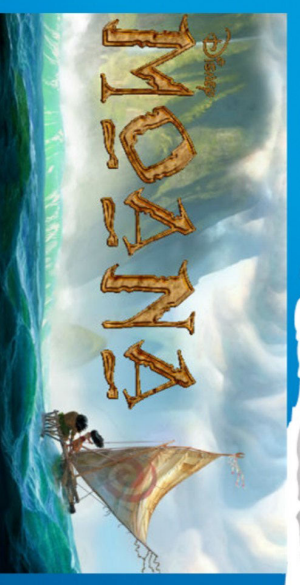
For groups larger than 5 people, please call 301-290-0040 to let us know you plan on attending!



Oct 11 and 15



Nov 15 and 19



Dec 13 and 17

Is your child experiencing
behavior issues?



Having trouble socializing
with other children?



Or having issues
communicating with
teachers?



Project First Choice is a
free service that provides
child care providers and
parents the tools and
resources to help your
child succeed!

Call Project First Choice
today to learn more
and schedule a
consultation!

(301) 290-0040

PROJECT FIRST CHOICE



November Community Event Highlights

11/06-National Youth 5k Series @ Pax River

The National Youth 5K Series (NY5K) is a family-friendly youth running series that encourages children to be active and inspires them to learn to overcome obstacles in life.

Where: Leonardtown Wharf Park, 22500 Washington Street , Leonardtown, Maryland 20650

When: 3:00pm

Cost: \$20.00



11/11-Horses & Hideouts One-Day Camp

Horses & Hideouts is a fun-filled day for children ages 7-12 who will be off school for Veteran's Day. This one-day camp includes horseback riding and nature connection activities.

Where: Greenwell Foundation located at Greenwell State Park, 25420 Rosedale Manor Lane Hollywood, Maryland 20636

Phone: 301.373.9775

When: 8:30am - 3:30pm. Afternoon extended care is offered until 5:00pm for an additional charge.

Who: 7-12 years old.

How: Register online at <http://greenwellfoundation.org/horses-and-hideouts/>

11/19- Dino Fest @ Potomac Branch Library

Take a picture with a dinosaur, learn dino facts, play dino games, and dig for bones at the library!

Where: Potomac Branch Library, 3225 Ruth B Swann Drive, Indian Head, Maryland 20640

When: 2:00pm-3:00pm

Who: Children ages 6-11 years old.



11/25- American Indian Heritage Day @ Calvert Marine Museum

Celebrate the culture of the indigenous peoples of Southern Maryland. Check the daily events schedule at the admissions desk for special tour times. FREE with museum admission.

Where: Calvert Marine Museum, 14200 Solomons Island Rd South, Solomons, Maryland 20688

When: 10:00am-5:00pm



**SOUTHERN
MARYLAND
PARENTS**

7 Tips for Creating a Language-Rich Environment

An estimated 10 million children struggle with reading difficulties. As child care professionals, **The Promise Resource Center** encourages you to help create lifelong readers by celebrating National Young Readers Week, November 7-11.



The following **7 tips** can help you create a language-rich environment for all the children you serve:

1. Read to the children in your class every day.
2. Give children time each day to look at books, and make them easily accessible.
3. Encourage parents to read to their child at home.
4. Link books to other activities.
5. Read alphabet books and books with predictable sound patterns.
6. Teach children how to properly hold a book, as well as other book features.
7. Display a wide variety of books.

Enroll in one of the following featured courses for more information on how child care providers can help promote early literacy in infants, toddlers, and preschoolers.

- Early Literacy
- Language Development
- Stages of Cognitive Development in Infants
- Stages of Cognitive Development in Toddlers
- Stages of Cognitive Development in Preschoolers
- Enhancing Children's Self-Esteem

For more information please
call (301) 290-0040 or
email register@thepromisecenter.org

Visit us online at
www.thepromisecenter.org/programs/training
to view our available services









Smart Horizons is accredited by the International Association for Continuing Education and Training (IACET) and is authorized to issue the IACET CEU.



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     	<p>PRC Loyalty Card Get 1 Punch for Each Paid Class You Attend 5 Punches = 1 FREE Class!</p> <hr/> <p>Member Name _____</p> <p><small>*Earn one stamp per paid class. This card is only valid for the active member listed above. Non-transferable and no cash value. Cannot be used for Med Admin, CPR/1st Aid, any series class, conferences, or any class that is 4 or more hours long. Expires 2 years from the effective date or when the membership expires, whichever is sooner.</small></p> <p>Effective date _____</p>
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DON'T FORGET TO TAKE ADVANTAGE OF OUR LOYALTY CARD PROGRAM!

Don't think you'll make it to 5 classes this year? That's okay, loyalty cards are valid for 2 years from the date of membership!

Through this program, members will earn **one free class after attending 5 paid classes**. In addition, members will continue to receive special prices, coupons and discounts to trainings and our Resource Store! If you're an existing member, call us or stop in to request your new Loyalty Card!

Become a Member!

Membership Application

Please send application form with check or money order to:

***The Promise Resource Center
29958 Killpeck Creek Court
Charlotte Hall, MD 20622***

Name _____

Membership: _____ Renewal _____ New

Address _____

City _____ State _____ Zip _____

_____ \$10 Licensed Provider/Potential Provider/Other

Home Phone _____

_____ \$25 Group/Center/Director

Email address _____

PROMISE

Did You Know We Can Bring Our Trainings To Your Center

We offer many of our trainings on-site for as few as 6 people!

Cost:

**2 Hour Training:
\$30 per person**

**3 Hour Training:
\$40 per person**

**Specialty Training
prices vary.**

View our training calendar on our website to see some of our main class offerings, or call us for a training tailored specifically to your needs!

For more information, or to schedule an on-site for your location, contact PRC at (301) 290-0040 or email register@thepromisecenter.org

Extended Hours

Do you want to reserve our training room for a meeting or workshop!? How about use our die cuts & laminator after work? Remember we will be open for extended hours by appointment only and with advanced notice. All you need to do is call 301-290-0040 to schedule the date and time you want.

*Our regular business hours are
Monday-Friday from 8:30am-5:00pm*

Complaint Policy Pertaining to CCRR Service

All of the resource centers of the Maryland Child Care Resource Network strive to provide high-quality service to their constituencies. However, in the event that someone has concerns about an incident regarding some aspect of service at a regional child care resource center or feels that he or she was mistreated by a staff member of a resource center, the caller can contact the resource center involved. If the person is not satisfied with the way the concern or complaint was handled by the regional resource center, he or she can contact the network manager at the Maryland Family Network at 410-752-7588.

PROMISE

Be sure to look for the New Trainings being offered this month!

Registration Policy

- **Payment and registration form must be received at the time of registration.** To register for a class: mail check or money order to the Resource Center, drop off payment or call our office to pay with credit card by phone during our regular business hours, Monday-Friday, 8:30am-5:00pm.
- Online registration at our website: www.thepromisecenter.org
- No Walk-ins permitted. No money will be accepted at the door.
- Due to space limitations, liability issues and the need for a learning environment, **children are not allowed** to attend any workshops. Please make child care arrangements in advance.
- Confirmations will not be mailed. You may call 301-290-0040 to verify your enrollment in the class.
- There is a \$40 service charge for returned checks.
- You must be present and participate in the entire class to receive a certificate for the clock hours listed. **Classes begin at the stated time and no admittance is permitted 15 minutes after the class has started. Late arrivals will not receive certificates, refunds, or transfers for the class.**
- If you have lost or misplaced a certificate, there is a \$5.00 replacement fee.
- Please call 301-290-0040 in advance of class if you need assistance or require special accommodations.
- All classes are open to the public.

Cancellation Policy

- We do not issue refunds if a student cancels their enrollment in a class. If you need to cancel, **you must call the Promise Resource Center 24-hours in advance** and we will gladly give you a credit for another class. *** Cancellations must be made 48 hours in advance for CPR and First Aid** or your payment will be forfeited and no credits will be issued.
- Credit for cancelled classes must be used to attend another class within 60 days of the cancellation or it is forfeited.
- Promise Resource Center reserves the right to cancel a class if, the day prior to the class, we don't have the necessary number of paid participants. You will receive a call notifying you of the cancellation and your money will be refunded or a credit will be issued. Credit must be used to attend another class within 60 days of the cancellation or it is forfeited.
- **Promise Resource Center follows St. Mary's County Public School's inclement weather cancellation schedule. If schools are closed or after-school activities are cancelled due to inclement weather, our office will be closed and the class for that day will be cancelled. If at anytime you feel uncomfortable traveling due to inclement weather, please call prior to the class and we will be happy to transfer you to another class.**
- **For current cancellations, please call 301-290-0040.**

The Promise Resource
Center

29958 Killpeck Creek Ct.
Charlotte Hall, MD 20622

(301) 290-0040 or

(866) 290-0040

Visit us on the web at

www.thepromisecenter.org

To register for a class:

- ◆ Mail registration form, check, money order, or credit card information to the Promise Center
- ◆ Drop off payment during our regular business hours, Monday-Thursday, 8:30 am-5:00 pm
- ◆ Call our office to pay with a credit card by phone
- ◆ Visit our website and register online with a credit card

*The Promise Resource Center
provides*

*low-cost workshops for child
care providers,
parents and the
community. Our evening and
Saturday workshops meet
MSDE/Office of Child Care
requirements for Core of
Knowledge training.*

LOCATE: Child Care

If you are a licensed child care program or family child care provider, you can take advantage of this free method of advertising by keeping your LOCATE database record current.

- ♦ Report changes to your fees, email, hours, and etc.;
- ♦ Report vacancies.
- ♦ Request a database questionnaire;
- ♦ Leave a question and someone will call you back.

Call toll free **1-866-752-1614** – provider message service.

LOCATE Complaint Policy

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

Less Serious Complaint - No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.

Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.

Serious Complaint: any threat to the immediate health, safety, or welfare of a child.

When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/facility's records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE's actions in writing.

A provider may appeal the LOCATE Director's decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, LOCATE: Child Care Director



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November 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Express Yourself!... 2C 6:30pm-8:30pm NEW!!!!	3 Infant/Toddler Module 1 6:00pm-9:00pm	4 Friday Funday 10:00am-11:00am	5 Early Math Matters Conference
6	7	8	9 Stranger Danger 2HSN 6:30pm-8:30pm NEW!!!!	10 Infant/Toddler Module 2 6:00pm-9:00pm	11 PRC Closed for Veteran's Day	12 Medication Administration 6HSN 9:00am-4:00pm
13	14 ADHD 2SN 6:30pm-8:30pm	15 Girls vs. Boys 2CD 6:30pm-8:30pm	16	17 Infant/Toddler Module 3 6:00pm-9:00pm	18	19 CPR & First Aid 9:00am-1:00pm
20	21	22 STEM: Supporting STEM Through Play 2C 6:30pm-8:30pm NEW!!!!	23	24 PRC Closed for Thanksgiving Holiday	25 PRC Closed for Thanksgiving Holiday	26
27	28	29	30 Including All Children and the Americans With Disabilities Act 3SN 6:00pm-9:00pm			

November 2016

11/2- Express Yourself! Discovering How to Extend Children's Natural Forms of Self Expression to Promote Early Literacy Skills (2C) NEW!!

During this training, participants will explore how they can use common daily activities to extend and promote pre-literacy skills and encourage the development of a positive self-image. Participants will create a plan to incorporate engaging art, music & movement, and storytelling activities that will strengthen pre-literacy skills and provide all children with the opportunity to express themselves in a free and meaningful manner.

Time: 6:30pm-8:30pm, Instructor: Diane Stearns

Fee: \$25 Member, \$30 Non-Member

11/3- Infant/Toddler Module 1 Prenatal Development

If learning begins at birth, then what happens prior to birth has profound impact on children's development as well. This workshop will explore the complex and wonderful world of prenatal care. Participants will gain insights that will help them better understand how the fetus grows and affect a child throughout life, and how to support expectant mothers (and fathers) in your programs. We will talk about nutritional and environmental impacts, different medical testing and procedures, pregnancy complications, and supporting "parents to be".

Time: 6:00pm-9:00pm, Instructor: Julie Lowthert

Fee: \$40 Member, \$40 Non-Member

To receive certification for 45 hour Infants and Toddlers Training, participants are expected to complete coursework for all 15 modules.

11/9- Stranger Danger (2HSN) NEW!!!

This workshop will focus on teaching children about personal safety and the many ways strangers access children: outside, at home and online. It will also delve into tips and skills to keep children safe from strangers.

Time: 6:30pm-8:30pm, Instructor: Patricia Carruth

Fee: \$25 member, \$30 Non-Member

11/10- Infant/Toddler Module 2

Infant/Toddler Growth & Development

This workshop will walk you through the various stages and milestones of infant & toddler growth and development. Knowledge gained in this class will help providers meet the individual needs of infants and toddlers as they go through this time of life when growth & development happen very rapidly. We'll review receptive and expressive language skills, behavioral issues, literacy development, brain growth and development in infants and toddlers, and what it means for their long term success.

To receive certification for 45 hour Infants and Toddlers Training, participants are expected to complete coursework for all 15 modules.

Time: 6:00pm-9:00pm, Instructor: Julie Lowthert

Fee: \$40 Member, \$40 Non-Member

11/12- Medication Administration (6HSN)

This training course is a 6-hour competency-based class approved by MSDE/OCC to train child care providers to safely administer oral, topical and emergency medication to children in a child care setting. Upon successful completion of this course each participant will receive a certificate of completion which will allow the participant to administer MSDE/OCC approved medications to infants, toddlers, preschool and school aged children in child care centers and homes. You must pass a pre and post test. You may bring lunch or go to a fast-food restaurant in the area.

Time: 9:00am-4:00pm, Instructor: Pat Jennings

Fee: \$60 Member, \$60 Non-Member

11/14- ADHD (2SN)

One common diagnosis is often given for a disorder that has an array of behaviors. Dealing with ADHD can be frustrating for both children and caregivers. This training will discuss the symptoms of ADHD, how it is diagnosed and strategies to help deal with ADHD.

Time: 6:30pm-8:30pm, Instructor: Donna Bennett

Fee: \$25 Member, \$30 Non-Member

Core Of Knowledge Areas:

(HSN) Health, Safety and Nutrition, (CD) Child Development, (C) Curriculum, (P) Professionalism, (CM) Community, (SN) Special Needs

11/15- Girls Vs. Boys (2CD)

Girls Vs. Boys is a presentation and hands-on style training about the physical, cognitive and social differences between school aged boys and girls.

Time: 6:30pm-8:30pm, Instructor: Ashley Beisel

Fee: \$25 Member, \$30 Non-Member

11/17- Infant/Toddler Module 3

Infant & Toddler Routines

Participants will enjoy exploring ways to plan for the infants & toddlers in their programs. We will discuss planning appropriate routines and activities that capitalize on individualized needs and the skills and interests of each child. The workshop will discuss: how to plan for mixed age groups of infants and toddlers; how to make sure home and program routines are complimentary; understanding special licensing requirements for infant and toddler routines; understanding the role of primary caregivers and how this helps with social and emotional development; and how to adapt routines for the individual needs of children.

To receive certification for 45 hour Infants and Toddlers Training, participants are expected to complete coursework for all 15 modules.

Time: 6:00pm-9:00pm, Instructor: Julie Lowthert

Fee: \$40 Member, \$40 Non-Member

11/19- CPR & First Aid

Participants will be trained in CPR for the infant, child and adult. This class meets the Maryland Child Care Administration's requirements for child care facilities.

Time: 9:00am-1:00pm, Instructor: Jay Hyde

Fee: \$65 Member, \$65 Non-Member

11/22- Science, Technology, Engineering and Math: Supporting STEM Through Play in the Early Childhood Program(2C) NEW!!!

Participants will learn how to support STEM learning by creating environments that provide opportunities for children to explore, create, and question during play. Participants will identify developmentally appropriate STEM learning activities using several Hatch Early Learning STEM Kits as well as discover ways to use materials already available in their programs.

Time: 6:30pm-8:30pm, Instructor: Patricia Carruth

Fee: \$25 Member, \$30 Non-Member

11/30- Including All Children & The Americans with Disabilities Act (3SN)

This training will go over the requirements of the ADA, inclusionary practices in early childhood and school age programs. Also, learn about the local, state and national resources available to child care providers.

Time: 6:00pm - 9:00pm, Instructor: Sarah Sutherland

Fee: \$30 Member, \$35 Non-Member

December 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Infant/Toddler Module 4 6:00pm-9:00pm	2 Friday Funday 10:00am-11:00am	3 Emergency & Disaster Preparedness 3HSN,3P 9:00am-4:00pm
4	5	6 One Size Does Not Fit All 2CD 6:30pm-8:30pm	7 Supporting Breastfeeding in Child Care 6:30pm-7:30pm	8 Infant/Toddler Module 5 6:00pm-9:00pm	9	10 Medication Administration 6HSN 9:00am-4:00pm
11	12 Understanding Temperament 2CD, 1SN 6:00pm-9:00pm	13	14 Working with Mixed Age Groups 3C 6:00pm-9:00pm	15 Infant/Toddler Module 6 6:00pm-9:00pm	16 Including All Children and the Americans With Disabilities Act 3SN 9:00am-12:00pm	17 CPR & First Aid 9:00am-1:00pm
18	19 Winter Celebrations Across the Curriculum 2C 6:30pm-8:30pm	20	21	22	23	24
25 Christmas Day	26 PRC Office Closed	27 PRC Office Closed	28 PRC Office Closed	29 PRC Office Closed	30 PRC Office Closed	31 New Years Eve

December 2016

12/1— Infant/Toddler Module 4

Working With Parents

Gain insights that will help you better understand the unique needs of ‘infant/toddler parents,’ that will put you on the road to building trusting and valuable partnerships with the families in your programs. We will cover developmental needs of parents (first time parents vs. experienced parents), effective ways to get parents involved in your program, how to sensitively share developmental milestones with parents, understanding different parenting styles, and helping children and parents cope with changes and transitions.

Time: 6:00pm-9:00pm, Instructor: Julie Lowther

Fee: \$40 Member, \$40 Non-Member

To receive certification for 45 hour Infants and Toddlers Training, participants are expected to complete coursework for all 15 modules.

12/3— Emergency & Disaster Preparedness (3HSN, 3P)

This workshop will focus on developing a plan of action in the event of an emergency. We will explore communication plans, evacuation plans, preparing emergency packs and how to discuss these issues with parents.

Time: 9:00am-4:00pm, Instructor: Sarah Sutherland

Fee: \$50 Member, \$50 Non-Member

12/6— One Size Does Not Fit All (2CD)

This training will address specific behaviors of aggressive, withdrawn, and singled out children. You will learn strategies to handle these challenging behaviors.

Time: 6:30pm-8:30pm, Instructor: Ashley Beisel

Fee: \$25 Member, \$30 Non-Member

12/7— Supporting Breastfeeding in Child Care

This is a required course for all directors, infant and toddler staff, and family providers.

Time: 6:30pm-7:30pm, Instructor: Julie Lowther

Fee: \$10 Member, \$15 Non-Member

Core Of Knowledge Areas:

**(HSN) Health, Safety and Nutrition, (CD) Child Development,
(C) Curriculum, (P) Professionalism,
(CM) Community, (SN) Special Needs**

12/8— Infant/Toddler Module 5

Nutrition

Learning the importance of creating healthy eating habits very early is critical to healthy nutritional development as well as the overall development of a child. Participants will learn tips to communicate with parents about Infant and Toddler nutrition and have fun with healthy cooking projects. We will review how poor nutrition contributes to a number of chronic conditions, how to expose children (and parents) to healthy choices when it comes to food, allergies and precautions for parents and children, and how to handle “don’t like” foods.

Time: 6:00pm-9:00pm, Instructor: Julie Lowther

Fee: \$40 Member, \$40 Non-Member

To receive certification for 45 hour Infants and Toddlers Training, participants are expected to complete coursework for all 15 modules.

12/10— Medication Administration (6HSN)

This training course is a 6-hour competency-based class approved by MSDE/OCC to train child care providers to safely administer oral, topical and emergency medication to children in a child care setting. Upon successful completion of this course each participant will receive a certificate of completion which will allow the participant to administer MSDE/OCC approved medications to infants, toddlers, preschool and school aged children in child care centers and homes. You must pass a pre and post test. You may bring lunch or go to a fast-food restaurant in the area.

Time: 9:00am-4:00pm, Instructor: Pat Jennings

Fee: \$60 Member, \$60 Non-Member

12/12— Understanding Temperament (2CD, 1SN)

During this training, participants will learn the definition of temperament and its nine traits, the three main types of temperament and the term, ‘goodness of fit.’ Through partner discussions, chart activities and case scenarios, participants will actively investigate the best ways to create an environment that will allow for differences in temperament. Temperament as it relates to children with special needs will be explored along with strategies to encourage peer-modeling and the building of social skills. This training will also address the importance of visual supports and transition techniques as non-verbal methods of guiding and redirecting all children, but especially those with ‘spirited’ temperaments. Practical strategies and methods of communicating with families will also be reviewed.

Time: 6:00pm-9:00pm, Instructor: Diane Stearns

Fee: \$30 Member, \$35 Non-Member

12/14— Working With Mixed Age Groups (3C)

In this workshop we will discuss the challenges and strategies to overcome meeting the needs of different age groups as well as the unique benefit of mixed age grouping. Meets OCC requirement for Working with Mixed Age Groups.

Time: 6:00pm-9:00pm, Instructor: Patricia Carruth

Fee: \$30 Member, \$35 Non-Member

12/15—Infant/Toddler Module 6

Health Concerns

Participants will gain insights into most current health issues for infants and toddlers. This class will explore varied areas of health, such as common illnesses, communicable diseases and required vaccinations for children in child care programs.

Time: 6:00pm-9:00pm, Instructor: Julie Lowther

Fee: \$40 Member, \$40 Non-Member

To receive certification for 45 hour Infants and Toddlers Training, participants are expected to complete coursework for all 15 modules.

12/16— Including All Children & The Americans with Disabilities Act (3SN)

This training will go over the requirements of the ADA, inclusionary practices in early childhood and school age programs. Also, learn about the local, state and national resources available to child care providers.

Time: 9:00am - 12:00pm, Instructor: Kelly Hutter

Fee: \$30 Member, \$35 Non-Member

12/17—CPR & First Aid

Participants will be trained in CPR for the infant, child and adult. This class meets the Maryland Child Care Administration’s requirements for child care facilities.

Time: 9:00am-1:00pm, Instructor: Jay Hyde

Fee: \$65 Member, \$65 Non-Member

12/19—Winter Celebrations Across the Curriculum (2C)

Join us for a winter celebration extravaganza! In this training we will discuss ways to incorporate winter holidays and activities into your curriculum!

****Don’t miss out on hot chocolate, cookies, and a free sled giveaway!**

Time: 6:30pm-8:30pm, Instructor: Sarah Sutherland

Fee: \$25 Member, \$30 Non-Member