



Be sure to "like" us on facebook and follow our Instagram, Pinterest & Twitter accounts for even more news, tips, photos, and articles on child care, parenting, and more!



DID YOU KNOW?

- Over 70% of Easter candy purchased is chocolate.
- Holidays that occur in spring include: Easter, Passover, April Fool's Day, Earth Day, Arbor Day, Mother's Day, Father's Day, and Cinco De Mayo.
- The earliest known use of the term "spring cleaning" was in 1857. In a study conducted in February 2017, 66 percent of participants "spring clean", but 54 percent of those respondents also find it hard to get motivated and figure out where to begin.

In this issue we will talk about:

- April Training Highlights
- Upcoming Community Events
- Easter Activities and Crafts

April Featured Trainings

4/25 Fantastic Finger Plays, Felt Boards, and More



Participants will learn about play and play-based learning that can occur through finger plays, felt boards, and other creative hands on activities. They will further explore ways to incorporate these play-based learning strategies into the many different domains of learning. We will model and practice ways of incorporating these engaging learning activities into their curriculum. Participants will get a chance to experiment with different types of play that they can utilize within their curriculum. Participants will also get to make and take a project to use with their children. We will have FREE felt boards and cutouts for everyone!

6:00pm-9:00pm, \$30/members, \$35/non-members

4/29 Cultivating Creative Problem Solvers



Teachers lose valuable instruction time spent mediating conflicts between students. In this training participants will learn how to teach their young students to manage their emotions and resolve conflicts collaboratively with their peers. Participants will also practice appropriate responses to resolving conflict.

6:00pm-9:00pm, \$30/members, \$35/non-members

What's Ahead in May?

5/14 Math and Science for Infants and Toddlers

Math and science are appropriate for infants and toddlers but it may look very different from what we do with preschoolers. In this presentation, we will review developmental milestones for these domains and plan activities for your program. You will learn about teachable moments and how to utilize those to help our youngest ones learn about math and science concepts. You will also review appropriate materials and vocabulary words to introduce.

Time: 6:00pm-9:00pm, \$30/members, \$35/non-members

To register for a class, simply visit our website at www.thepromisecenter.org/register or call us at 301-290-0040. You can pay via credit card on the website or over the phone, or via check, cash or money order. Please note that classes must be paid for in advance, so please pay promptly to secure your spot.

Upcoming Community Events



<http://www.leprechaunlillys.com/>

Sell	Volunteer	Shop
Consign <ul style="list-style-type: none"> You price and tag your items. We sell your stuff. YOU GET PAID 70%. <p>REGISTRATION FULL</p>	Shop Early <ul style="list-style-type: none"> Help out at the sale. Make some great, new friends! SHOP EARLY! <p>REGISTRATION OPEN</p>	Save Up To 90% <ul style="list-style-type: none"> Shop EARLY! nearly 25,000 Grab tons of ti Shop AGAIN! discounts.
Buy-Out <ul style="list-style-type: none"> We price and tag your items, in certain high-demand categories. We sell your stuff. YOU GET PAID 50%. <p>REGISTRATION OPEN</p>		New Mamas <p>Join us Thursday! special preview sa Parents and Gran limited. Registrat</p> <p>REGIST</p>

Leprechaun Lilly's is a consignment sale for children's and maternity clothing, toys, baby gear and furniture. The sale is held twice a year for Spring/Summer clothes and equipment, and October for Fall/Winter clothes and equipment.

Annual Easter Festival

Saturday, April 6th

Confirmed activities and vendors (\$\$ indicates there is a fee associated) **MORE TO COME!**

Activities	Food \$\$	Vendors
Food Drive Face painting Art & Crafts Pony Ride: \$\$ Egg Decoration Contest Egg Hunt \$\$ Bunny Photos: \$\$ BMX bikes Demonstrations Balloon Art \$\$ Glitter Tattoos: \$\$ Tennis lessons Aqua Art \$\$	Coffee and treats Jamaican Grill Mary Moo Linda on the Go Funnel Cakes 3rd District Optimist I'se Da Dye Kettle Corn Hardesty Haven Kona Ice BBQ and Goodies	H2O at Home Lip Sense Toys and crafts Usbourne books Paparazzi Accessories Rainbow Vacuum system Master Gardeners Huntington Learning Center Many others coming soon!

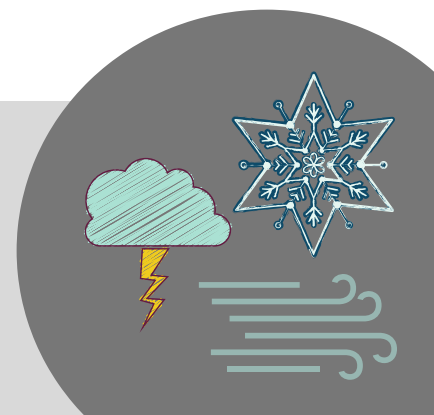
Thank you to our current sponsors!!!

Henry Chiropractic, Dylan Schneider DDS, Dugan, McKissick and Longmore LLC, Equity Resources, SMECO, & O'Brien Realty

Contact Christina.bishop@stmarysmd.com for more information

Inclement Weather Policy

The Promise Resource Center follows the College of Southern Maryland's inclement weather cancellation schedule. If the college is closed due to inclement weather, the class for that day will be cancelled. For current cancellations, please visit www.csmd.edu.





Easter Activities

Easy and affordable activities to celebrate Easter!

Paper Egg Painting Craft

Work on fine motor skills with this cute egg painting activity!

You will need:

- Paper plates cut into the shape of eggs
- Paint in Any Color mixed with white
- Q-tips
- Containers to mix paint and hold the q-tips

Allow children to paint their egg however they want. Give them some ideas about making dots or stripes on their egg. After they are done, let the egg dry.

This activity helps young children work on their motor skills while decorating for Easter.

Yarn Chick and Carrot Activity

What could be better than little chicks, bunnies, carrots, and Easter eggs this time of year?

You will need:

- Yarn (Orange, Yellow and Green)
- Cardboard (2 pieces)
- Orange Construction Paper (1 Sheet)
- Glue
- Scissors
- Feathers (Yellow)
- Set of Googly Eyes

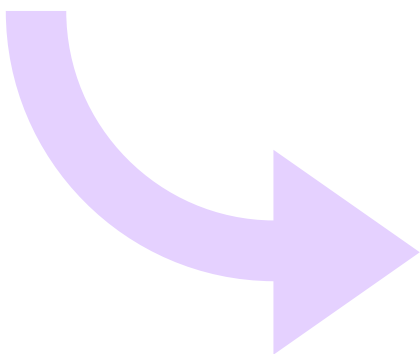
Cut out cardboard in the shape of an egg and a carrot.

Wrap the egg with the yellow yarn until the majority of the cardboard is covered. Let the child decorate with the feathers, googly eyes, feet and bill.

Wrap the carrot shape with orange and green yarn until covered.



Looking for more fun activities?



MARCH 28, 2019
Play Dough Carrots: Easter Craft



MARCH 28, 2019
Swirling Easter Eggs – How to dye Easter Eggs with Shaving Cream



FEBRUARY 28, 2019
End of the Rainbow Twirlers: St. Patrick's Day Craft



FEBRUARY 28, 2019
St. Patrick's Day Facts to Share with Your Preschoolers!



JANUARY 31, 2019
Valentine's Day Fortune Cookies



JANUARY 31, 2019
Valentine's Day Lacing Cards: Fine Motor Skills

Visit our website and facebook page for early learning activities, videos, tips, and articles.

REGISTRATION POLICY

Here at PRC, we have a passion for education and are excited to have you join us in the pursuit of knowledge!

To register for a class, simply visit our website at www.thepromisecenter.org/register or call us at 301-290-0040. You can pay via credit card on the website or over the phone, or via check, cash or money order. Please note that classes must be paid for in advance, so please pay promptly to secure your spot.

No walk-ins permitted. No money will be accepted at the door.

Due to space limitations, liability issues, and the need for a learning environment, children are not allowed to attend any classes.

Confirmations will not be mailed. Please call 301-290-0040 to verify your enrollment in a class.

There is a \$40 service charge for returned checks.

You must be present and participate in the entire class to receive a certificate for the clock hours listed. Classes begin at the stated time and no admittance is permitted 15 minutes after the class has started. Late arrivals will not receive certificates, refunds, or transfers for the class.

If you have lost or misplaced a certificate, there is a \$5.00 replacement fee.

Please call 301-290-0040 in advance of class if you need assistance or require special accommodations.

All classes are open to the public.

The Promise Resource Center provides low-cost workshops for child care providers, parents and the community. Our workshops meet MSDE/Office of Child Care requirements for Core of Knowledge training.



CANCELLATION POLICY

We do not issue refunds if a student cancels their enrollment in a class. If you need to cancel, you must call the Promise Resource Center **24-hours in advance** and we will gladly give you a credit for another class. ***Cancellations must be made 48 hours in advance for CPR and First Aid and Medication Administration** or your payment will be forfeited and no credits will be issued.

Credit for cancelled classes must be used to attend another class within 60 days of the cancellation or it is forfeited.

The Promise Resource Center reserves the right to cancel a class if, the day prior to the class, we don't have the necessary number of paid participants.

You will receive a call notifying you of the cancellation and your money will be refunded or a credit will be issued. Credit must be used to attend another class within 60 days of the cancellation or it is forfeited.

RESOURCE ROOM

Our Resource room has many tools and supplies available for your art and scholastic needs. Come by the center and take advantage of our equipment and supplies at little or no cost.

AVAILABLE RESOURCES

Accu-cut die cut machine

Over 500 die-cuts, including weather, seasons, alphabet & numbers, purchase our paper or bring your own!

Cricut die-cut machine

Choose from dozens of shapes and enjoy hands-free cutting! Purchase our paper or bring your own!

Boardmaker

Create communication boards, visual lists and schedules, borders, & more!

Art Waxer

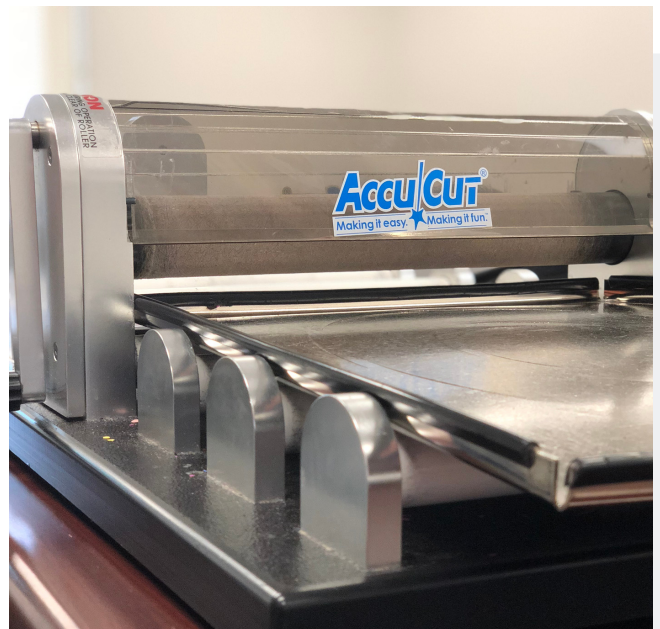
Apply a thin coating of wax to paper or laminated materials to make them removable! Purchase our paper or bring your own!

Book Binder

Create spiral bound books for any occasion!

Laminating Machine

Apply a thin coating of plastic to both sides of a piece of artwork, die-cut shapes, or any other paper project, to keep it dry and wrinkle-free!



MATERIALS

Black and White Copies: \$.10/Page

Colored Paper Copies: \$.20/Page

Book Binding: \$2.50/Per Book

Card Stock Copies: \$.25/Page

Board Maker: \$.50/Page

Construction Paper: \$2.00/Pack OR \$.05/Sheet

Lamination: \$1.50/Foot

Book Binding: \$2.50/Book

Boardmaker: \$.50/Sheet

Pre-Made File Folder Games: \$2.50 +

*Use of die-cut shapes and rollers is free.
Purchase paper here or bring your own!



The resource room is available during regular business hours (Mon-Fri, 8:30am-5:00pm). Please have all work done in the resource room before 4:50pm so PRC staff can process any payments and/or clean the resource room.

BECOME A PRC MEMBER TODAY!

Interested in becoming a member of The Promise Resource Center and receiving discounts on many of our classes?

For only \$10 a year, individual membership will earn you :

1 PAU

\$5 off select trainings

1 free training for every 5 trainings completed

Satisfaction in knowing you are helping families in our community receive services for low or no cost!

Membership is also available for centers. These memberships are \$25 a year. Center staff will receive \$5 off select trainings if the training is paid for by the center.

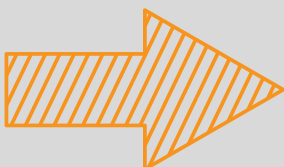
Visit thepromisecenter.org/register or call 301-290-0040 to register for membership today!



Become a member today!

Complete and mail this form + payment to:

**The Promise Resource Center
29958 Killpeck Creek Court
Charlotte Hall, MD 20622**



Membership Application

Name: _____

Address: _____

City: _____ Zip: _____

Phone: _____

Email: _____

Membership Type

Renewal _____ New _____

Center/Group _____ Individual _____

LOCATE: CHILD CARE



LOCATE: Child Care

If you are a licensed child care program or family child care provider, you can take advantage of this free method of advertising by keeping your LOCATE database record current.

Report changes to your fees, email, hours, and etc.;

Report vacancies.

Request a database questionnaire;

Leave a question and someone will call you back.

Call toll free 1-866-752-1614—provider message service.

LOCATE Complaint Policy

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource

Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

Less Serious Complaint - No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.

Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.

Serious Complaint: any threat to the immediate health, safety, or welfare of a child.

When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/facility's records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE's actions in writing.

A provider may appeal the LOCATE Director's decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, LOCATE: Child Care Director.



MARYLAND
FAMILY
NETWORK
*Leading Maryland's
Child Care Resource Centers*



MARYLAND CHILD CARE
RESOURCE NETWORK

This publication was produced as a work for hire for the benefit of and with funds from the Maryland State Department of Education.

The Promise Resource Center is a member agency of the Maryland Childcare Resource Network with funding provided by Maryland Family Network.

APRIL 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Nurturing Brain Development 6:30pm-9:00pm Instructor: Julie Lowthert Fee: \$25/\$30 New Time!!	5	6 CPR & First Aid 9:00am-1:00pm Instructor: Jay Hyde Fee: \$75
7	8	9	10 Healthy Children Through Nutrition and Physical Activity 6:00pm-9:00pm Instructor: Melissa Campbell Fee: \$30/\$35	11	12	13
14	15	16	17	18 Including All Children and The Americans with Disabilities Act 6:00pm-9:00pm Instructor: Erica Love Fee: \$30/\$35	19	20
21	22	23 Supporting Children with Disabilities, Delays, and Special Health Care Needs @ Riversong (Pop-Up Training) 6:00pm-9:00pm Instructor: Diane Stearns Fee: \$30/\$35	24	25 Fantastic Finger Plays, Felt Boards, and More 6:00pm-9:00pm Instructor: Lindsay Edwards Fee: \$30/\$35	26	27 Achieving Quality Standards in Early Education 9:00am-12:00pm Instructor: Patricia Carruth Fee: Free for St. Mary's County Providers \$30/\$35 for Calvert and Charles County Providers
28	29 Cultivating Creative Problem Solvers 6:00pm-9:00pm Instructor: Beth Hancock Fee: \$30/\$35	30				

Training Descriptions:

4/4—Nurturing Brain Development

In this workshop we will look at the science of infant brain development and focus on caring techniques that promote brain development, social emotional development and communication.

NEW Time: 6:30pm-9:00pm, COK: 2.5 hours of child development

Fee: \$25 for members or \$30 for non-members

4/6—CPR & First Aid—OCC Requirement

Participants will be trained in CPR for the infant, child and adult. This class meets the Maryland Child Care Administration's requirements for child care facilities.

Time: 9:00am-1:00pm

Fee: \$75 for members and non-members

4/10—Healthy Children Through Nutrition and Physical Activity

Our nations' children are at risk for being the first generation that may have a shorter life span than their parents due to poor nutrition and lack of physical activity. This training will help the child care teachers be better informed about the food choices, how to prepare a balanced, healthy menu, and creative movement activities to do throughout the day to increase the physical fitness levels of children in their care.

Time: 6:00pm-9:00pm, COK: 3 hours of health, safety, and nutrition

Fee: \$30 for members or \$35 for non-members

4/18—Including All Children and The Americans with Disabilities Act—OCC Requirement

This training will go over the requirements of the ADA, inclusionary practices in early childhood and school age programs. Also, learn about local, state, and national resources available to child care providers.

Time: 6:00pm-9:00pm, COK: 3 hours of special needs

Fee: \$30 for members or \$35 for non-members

4/23—Supporting Children with Disabilities, Delays, and Special Health Care Needs

Providers will identify programs, terms and resources to support children with special needs; identify their roll in the IEP/IFSP process and how to support families and children, identify strategies for ensuring access for all children regardless of ability, identify how to select materials, make modifications and adaption to enhance learning and motivation for all children.

POP-UP TRAINING

Location: Riversong Christian Learning Center
45020 Patuxent Beach Rd, California, MD 20619

Time: 6:00pm-9:00pm, COK: 3 hours of special needs

Fee: \$30 for members or \$35 for non-members

4/25—Fantastic Finger Plays, Felt Boards, and More

Participants will learn about play and play-based learning that can occur through finger plays, felt boards, and other creative hands-on activities. They will further explore ways to incorporate these play-based learning strategies into the many different domains of learning, including social foundations, physical well-being and motor development, language and literacy, mathematics, science, social studies, and the arts. We will model and practice ways of incorporating these engaging learning activities into their curriculum. Participants will get a chance to experiment with different types of play that they can utilize within their curriculum.

Time: 6:00pm-9:00pm, COK: 3 hours of curriculum

Fee: \$30 for members or \$35 for non-members

4/27—Achieving Quality Standards in Early Education

All programs have the opportunity to contribute and commit to a common goal that all children should be provided with the best care and education possible. Join us and explore the Maryland quality initiatives we can all be part of.

Time: 9:00am-12:00pm, COK: 3 hours of professionalism

Fee: Free for St. Mary's County Providers through funding received from the St. Mary's County Department of Economic Development

Calvert and Charles County Fee: \$30 for members or \$35 for non-members

4/29—Cultivating Creative Problem Solvers

Teachers lose valuable instruction time when they use time to mediate conflicts between students. In this training, participants will learn how to teach their young students to manage their emotions and resolve conflicts collaboratively with their peers. Participants will also practice appropriate responses to resolving conflict.

Time: 6:00pm-9:00pm, COK: 3 hours of child development

Fee: \$30 for members or \$35 for non-members

Membership:

Interested in becoming a member of The Promise Resource Center and receiving discounts on many of the classes you see here?

For only \$10 a year, individual membership will earn you :

- 1 PAU
- \$5 off select trainings
- 1 free training for every 5 trainings completed
- Satisfaction in knowing you are helping families in our community receive services for low or no cost!

Visit thepromisecenter.org/register or call 301-290-0040 to register for membership today!

What is a Pop-Up Training?

The Promise Resource Center is partnering with centers and organizations throughout Charles, St. Mary's, and Calvert counties to provide new, convenient locations for trainings.

These trainings will be one-time only at each location and unless otherwise noted, all other trainings will remain at The Promise Resource Center. Keep an eye out over the next few months, a training may "pop up" near you!

MAY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 Basic Health and Safety Training 9:00am-12:00pm Instructor: Diane Stearns Fee: \$30/\$35
5	6	7 Developmentally Appropriate Supervision 6:00pm-9:00pm Instructor: Trish Carruth Fee: \$30/\$35	8 Child Development and Developmental Delay 6:00pm-9:00pm Instructor: Beth Hancock Fee: \$30/\$35	9	10	11
12 Mother's Day!	13	14 Math and Science for Infants and Toddlers 6:00pm-9:00pm Instructor: Julie Lowther Fee: \$30/\$35	15	16 Marvelous Math 6:00pm-9:00pm Instructor: Melanie Turner Fee: \$30/\$35	17	18 CPR & First Aid 9:00am-1:00pm Instructor: Jay Hyde Fee: \$75
19	20 Recognizing and Reporting Child Abuse and Neglect Pop-up Training! @ Harriet E. Brown Community Center 6:00pm-8:00pm Fee: \$25/\$30	21	22	23 Programs + Families = Success 6:00pm-9:00pm Instructor: Lindsay Edwards Fee: \$30/\$35	24	25
26	27 Memorial Day! PRC Offices Closed	28	29 Creating a Compassionate Classroom/Bullying 6:00pm-9:00pm Instructor: Melissa Campbell Fee: \$30/\$35	30	31	

Training Descriptions:

5/4—Basic Health and Safety—OCC Requirement

Basic Health & Safety Training (3hrs COK Health, Safety and Nutrition)
This training will satisfy the CCDF Health and Safety Requirements. This training is highly interactive and informative.
Time: 6:00pm-9:00pm, COK: 3 hours of child development
Fee: \$30 for members or \$35 for non-members

5/7—Developmentally Appropriate Supervision

Gain greater understanding of how to appropriately and effectively supervise children of all ages. Explore techniques for indoor and outdoor supervision. Ensure children's safety through active monitoring to enable children to maximize their learning opportunities.
Time: 6:00pm-9:00pm, COK: 3 hours of child development
Fee: \$30 for members or \$35 for non-members

5/8—Child Development and Developmental Delay

Participants will be presented with information on how to distinguish the difference between typical and atypical child development. They will leave with information on how to implement accommodations and modifications to better work with children with developmental delays and resources to utilize when development is atypical. Additionally, participants will learn strategies for working with children exhibiting typical development in order to further strengthen their development.
Time: 6:00pm-9:00pm, COK: 3 hours of child development
Fee: \$30 for members or \$35 for non-members

5/14—Math and Science for Infants and Toddlers

Math and science are appropriate for infants and toddlers but it may look very different from what we do with preschoolers. In this presentation, we will review developmental milestones for these domains and plan activities for your program. You will learn about teachable moments and how to utilize those to help our youngest ones learn about math and science concepts. You will also review appropriate materials and vocabulary words to introduce.
Time: 6:00pm-9:00pm, COK: 1 hour of child development and 2 hours of curriculum
Fee: \$30 for members or \$35 for non-members

5/16—Marvelous Math

This training will provide early care and education professionals the opportunity to learn different math strategies and activities to use in their classroom. This training is based on the Early Learning Assessment math domain.
Time: 6:00pm-9:00pm, COK: 3 hours of curriculum
Fee: \$30 for member or \$35 for non-members

5/18—CPR & First Aid—OCC Requirement

Participants will be trained in CPR for the infant, child and adult. This class meets the Maryland Child Care Administration's requirements for child care facilities.
Time: 9:00am-1:00pm
Fee: \$75 for members and non-members

5/20—Recognizing and Reporting Child Abuse and Neglect

POP-UP TRAINING
@ Harriet E. Brown Community Center
901 Dares Beach Rd. Prince Fredrick, Maryland 20678
Did you know that child care providers are mandated by law to report child maltreatment? In this training, we will spend our time together discussing child abuse and neglect., so that after the training, you will have a better understanding in recognizing and reporting child abuse.
Time: 6:00pm-8:00pm, COK: 2 hours of health, safety and nutrition
Fee: \$25 for members or \$30 for non-members

5/23—Programs + Families = Success

Studies show that children's ability to succeed increases when families are involved in their education. Discover ways to create multiple opportunities for families to become engaged in your program and the benefits that brings to everyone.
Time: 6:00pm-9:00pm, COK: 3 hours of professionalism
Fee: \$30 for members or \$35 for non-members

5/29—Creating a Compassionate Classroom: Bullying

Creating a caring early childhood environment reduces the need for children to assert themselves through negative behavior such as teasing and bullying. Early childhood professionals can address this behavior before it takes root and grows. This training is a guide to help make early childhood programs safe and caring environments where all children feel welcome, accepted and respected.
Time: 6:00pm-9:00pm, COK: 1 hour of child development and 2 hours of community
Fee: \$30 for members or \$35 for non-members

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