

SUMMER ISN'T QUITE OVER YET!

We have a little more summer left before school starts! Beat the heat with two of our favorite activities and prepare for school by going over bus stop safety with your kids!

Be sure to "like" us on facebook and follow our Instagram, Pinterest & Twitter accounts for even more news, tips, photos, and articles on child care, parenting, and more!



In this issue we will talk about:

- Upcoming training
- PRC's Summer of Savings
- Summer activities to keep cool
- Bus stop safety



UPCOMING AUGUST TRAININGS

**AUG
13**

Kindergarten Readiness for the Child Care Community

This training focuses on expectations and procedures for entering kindergarten as well as specific skills to focus on in preschool to increase a child's readiness.

**AUG
20**

How to Create a Meaningful Lesson Plan

Lesson plans support the goals and objectives that you set for the children. Writing plans that focus on all areas of the curriculum and changes to the environment will assist in planning and implementing for the group as well as differentiated instruction. The inclusion of assessment on your plans will also help to support documentation of children's growth and development.

ARE YOU OR YOUR KIDS STRESSED?

September 28, 2019

**MANAGING STRESS
AT ANY AGE**

**9am-12pm
\$30/\$35**

**CREATING A STRESS
REDUCING ENVIRONMENT
FOR CHILDREN OF ALL AGES**

**1-4pm
\$30/\$35**

SUMMER OF SAVINGS IS ALMOST OVER!

AUGUST

8/1 Why Play Matters

8/5 A Play on Literacy

8/7 Sensory Play for Infants and Toddlers

8/13 Kindergarten Readiness for the Child Care Community

8/20 How to Create a Meaningful Lesson Plan

8/26 Making the Most of your Circle Time

BOGO: Get 1 FREE class with each paid registration over the remainder of August!

BOGO deal can only be used with paid registrations for the 2-hour Core of Knowledge courses listed on this page. Loyalty card holders will receive a hole punch for each PAID class. Free class must be complete by August 31, 2019. No cash value or refunds for cancellations

To register for a class, call us at 301-290-0040. You can pay via credit card over the phone, stop in to pay via check, cash or money order or by mail. Please note that classes must be paid for in advance, so please pay promptly to secure your spot.

BEAT THE SUMMER HEAT WITH WATER PLAY

<https://bit.ly/2ZAYWpM>



Change things up with a water table!

Create a new sensory bin with water, orbies, or any item able to get wet! Grab some seashells or waterlife figurines and make it educational at the same time. The possibilities are limitless!



Use ice cubes for play!

Create fun shapes with ice trays or use food dye to color them for a fun painting exercise! Also, try filling water balloons with water and freezing them. Peel the balloon away after frozen, and you have amazing ice balls for kids to play with! They are great for the water table or rolling along a warm sidewalk or driveway.

BUS STOP SAFETY

<https://bit.ly/2J4MFkW>

Safety Starts at the Bus Stop

Your child should arrive at the bus stop at least five minutes before the bus is scheduled to arrive. Visit the bus stop and show your child where to wait for the bus: at least three giant steps (six feet) away from the curb. Remind your child that the bus stop is not a place to run or play.

Get On and Off Safely

When the school bus arrives, your child should wait until the bus comes to a complete stop, the door opens, and the driver says it's okay before approaching the bus door. Your child should use the handrails to avoid falling.

Use Caution Around the Bus

Children should never walk behind a school bus. If they must cross the street in front of the bus, tell him/her to walk on a sidewalk or along the side of the street to a place at least five giant steps (10 feet) in front of the bus before crossing. Have them make eye contact with the bus driver before crossing to make sure the driver can see him/her.

REGISTRATION POLICY

Here at PRC, we have a passion for education and are excited to have you join us in the pursuit of knowledge!

To register for a class, simply visit our website at www.thepromisecenter.org/register or call us at 301-290-0040. You can pay via credit card on the website or over the phone, or via check, cash or money order. Please note that classes must be paid for in advance, so please pay promptly to secure your spot.

No walk-ins permitted. No money will be accepted at the door.

Due to space limitations, liability issues, and the need for a learning environment, children are not allowed to attend any classes.

Confirmations will not be mailed. Please call 301-290-0040 to verify your enrollment in a class.

There is a \$40 service charge for returned checks.

You must be present and participate in the entire class to receive a certificate for the clock hours listed. Classes begin at the stated time and no admittance is permitted 15 minutes after the class has started. Late arrivals will not receive certificates, refunds, or transfers for the class.

If you have lost or misplaced a certificate, there is a \$5.00 replacement fee.

Please call 301-290-0040 in advance of class if you need assistance or require special accommodations.

All classes are open to the public.

The Promise Resource Center provides low-cost workshops for child care providers, parents and the community. Our workshops meet MSDE/Office of Child Care requirements for Core of Knowledge training.



CANCELLATION POLICY

We do not issue refunds if a student cancels their enrollment in a class. If you need to cancel, you must call the Promise Resource Center **24-hours in advance** and we will gladly give you a credit for another class. ***Cancellations must be made 48 hours in advance for CPR and First Aid and Medication Administration** or your payment will be forfeited and no credits will be issued.

Credit for cancelled classes must be used to attend another class within 60 days of the cancellation or it is forfeited.

The Promise Resource Center reserves the right to cancel a class if, the day prior to the class, we don't have the necessary number of paid participants.

You will receive a call notifying you of the cancellation and your money will be refunded or a credit will be issued. Credit must be used to attend another class within 60 days of the cancellation or it is forfeited.

RESOURCE ROOM

Our Resource room has many tools and supplies available for your art and scholastic needs. Come by the center and take advantage of our equipment and supplies at little or no cost.

AVAILABLE RESOURCES

Accu-cut die cut machine

Over 500 die-cuts, including weather, seasons, alphabet & numbers, purchase our paper or bring your own!

Cricut die-cut machine

Choose from dozens of shapes and enjoy hands-free cutting! Purchase our paper or bring your own!

Boardmaker

Create communication boards, visual lists and schedules, borders, & more!

Art Waxer

Apply a thin coating of wax to paper or laminated materials to make them removable! Purchase our paper or bring your own!

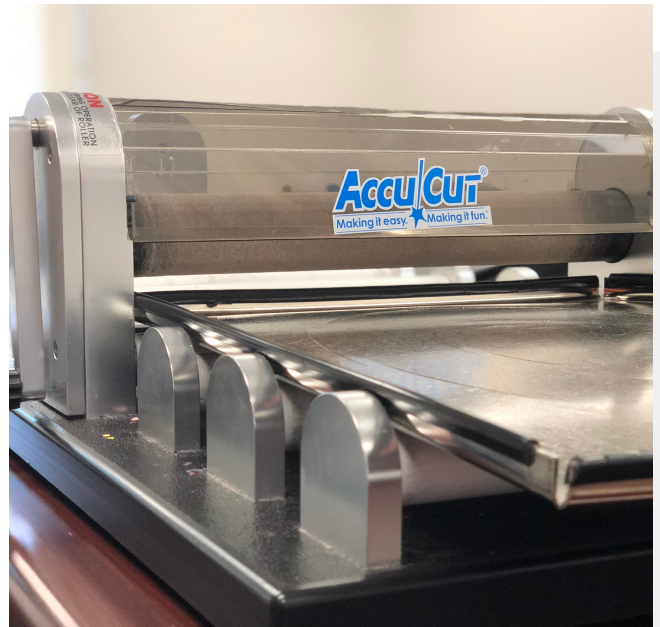
Book Binder

Create spiral bound books for any occasion!

Laminating Machine

Apply a thin coating of plastic to both sides of a piece of artwork, die-cut shapes, or any other paper project, to keep it dry and wrinkle-free!

The resource room is available during regular business hours (Mon-Fri, 8:30am-5:00pm). Please have all work done in the resource room before 4:50pm so PRC staff can process any payments and/or clean the resource room.



MATERIALS

Black and White Copies: \$.10/Page

Colored Paper Copies: \$.20/Page

Book Binding: \$2.50/Per Book

Card Stock Copies: \$.25/Page

Board Maker: \$.50/Page

Construction Paper: \$2.00/Pack OR \$.05/Sheet

Lamination: \$1.50/Foot

Book Binding: \$2.50/Book

Boardmaker: \$.50/Sheet

Pre-Made File Folder Games: \$2.50 +

*Use of die-cut shapes and rollers is free.
Purchase paper here or bring your own!



BECOME A PRC MEMBER TODAY!

Interested in becoming a member of The Promise Resource Center and receiving discounts on many of our classes?

For only \$10 a year, individual membership will earn you :

- 1 PAU**
- \$5 off select trainings**
- 1 free training for every 5 trainings completed**
- Satisfaction in knowing you are helping families in our community receive services for low or no cost!**

Membership is also available for centers. These memberships are \$25 a year. Center staff will receive \$5 off select trainings if the training is paid for by the center.

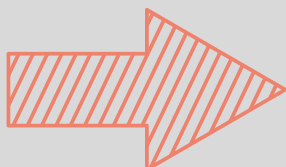
Visit thepromisecenter.org/register or call 301-290-0040 to register for membership today!



Become a member today!

Complete and mail this form + payment to:

The Promise Resource Center
29958 Killpeck Creek Court
Charlotte Hall, MD 20622



Membership Application

Name: _____

Address: _____

City: _____ Zip: _____

Phone: _____

Email: _____

Membership Type

Renewal _____ New _____

Center/Group _____ Individual _____

LOCATE: CHILD CARE



LOCATE: Child Care

If you are a licensed child care program or family child care provider, you can take advantage of this free method of advertising by keeping your LOCATE database record current.

Report changes to your fees, email, hours, and etc.;

Report vacancies.

Request a database questionnaire;

Leave a question and someone will call you back.

Call toll free 1-866-752-1614—provider message service.

LOCATE Complaint Policy

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

Less Serious Complaint - No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.

Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.

Serious Complaint: any threat to the immediate health, safety, or welfare of a child.

When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/facility's records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE's actions in writing.

A provider may appeal the LOCATE Director's decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, LOCATE: Child Care Director.



MARYLAND
FAMILY
NETWORK

Leading Maryland's
Child Care Resource Centers



MARYLAND CHILD CARE
RESOURCE NETWORK

The Promise Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network.

AUGUST 2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

				1 BOGO Why Play Matters 6:30pm-8:30pm Instructor: Melissa Campbell Fee: \$25/\$30	2	3 Medication Administration 9:00am-4:00pm Instructor: Pat Jennings Fee: \$65
4	5 BOGO A Play on Literacy 6:30pm-8:30pm Instructor: Lindsay Edwards Fee: \$25/\$30	6	7 BOGO Sensory Play for Infants and Toddlers 6:30pm-8:30pm Instructor: Diane Stearns Fee: \$25/\$30	8	9	10
11	12	13 BOGO Kindergarten Readiness for the Child Care Community 6:30pm-8:30pm Instructor: Beth Hancock	14	15 Including All Children and the Americans with Disabilities Act ADA 6:00pm-9:00pm Instructor: Erica Love Fee: \$30/\$35	16	17
18	19	20 BOGO How to Create a Meaningful Lesson Plan 6:30pm-8:30pm Instructor: Lindsay Edwards	21	22	23	24 CPR & First Aid 9:00am-1:00pm Instructor: Jay Hyde Fee: \$75
25	26 BOGO Making the Most of your Circle Time 6:30pm-8:30pm Instructor: Trish Carruth Fee: \$25/\$30	27	28	29	30	31

Training

8/1—Why Play Matters

This interactive training will seek to build participants knowledge and understanding of the importance of play in the physical, cognitive and social development of children. This training will discuss the various aspects of play and the roles that each type plays in the growth and development in children. This training will conclude with discussing strategies for integrating developmentally appropriate practices into curriculum and daily activities to meet the individual needs of children.

*Time: 6:30pm-8:30pm, COK: 2 hours of child development
Fee: \$25 for members or \$30 for non-members*

8/3—Medication Administration — OCC Requirement

This training course is a 6-hour competency-based class approved by MSDE/OCC to train child care providers to safely administer oral, topical and emergency medication to children in a child care setting. Upon successful completion of this course each participant will receive a certificate of completion which will allow the participant to administer MSDE/OCC approved medications to infants, toddlers, preschool and school aged children in child care centers and homes. You must pass a pre and post test. You may bring lunch or go to a fast-food restaurant in the area.

*Time: 9:00am-4:00pm,
Fee: \$65 for members and non-members*

8/5—A Play on Literacy

A Play on Literacy discusses the literacy developmental milestones for ages 6 months through 5 years. It is an in-depth training on how to implement literacy into the classroom environment for more meaningful activities, and how to assess children's literacy development. It also includes information on how to implement adaptations for children with disabilities.

*Time: 6:30pm-8:30pm, COK: 2 hours of curriculum
Fee: \$25 for members or \$30 for non-members*

8/7—Sensory Play for Infants and Toddlers

Sensory play enables infants and toddlers to scaffold learning, building on prior experiences. Providers will learn how to use non-traditional everyday sensory items to create discovery baskets to scaffold memory and enhance brain development in Infants and Toddlers.

*Time: 6:30pm-8:30pm, COK: 2 hours of curriculum
Fee: \$25 for members or \$30 for non-members*

8/13—Kindergarten Readiness for the Child Care Community

This training focuses on expectations and procedures for entering kindergarten as well as specific skills to focus on in preschool to increase a child's readiness.

*Time: 6:30pm-8:30pm, COK: 1 hour of curriculum and 1 hour of professionalism
Fee: \$25 for member or \$30 for non-members*

8/15—Including All Children and the American Disabilities Act (ADA)

This training will go over the requirement of the ADA and inclusionary practices in early childhood and school age programs. Also, learn about local, state and national resources available to child care providers .

*Time: 6:00pm-9:00pm, COK: 3 hours of special needs
Fee: \$30 for members or \$35 for non-members*

8/20—How to Create a Meaningful Lesson Plan

Lesson plans support the goals and objectives that you set for the children. Writing plans that focus on all areas of the curriculum and changes to the environment will assist in planning and implementing for the group as well as differentiated instruction. The inclusion of assessment on your plans will also help to support documentation of children's growth and development

*Time: 6:30pm-8:30pm COK: 2 hours curriculum
Fee: \$25 for members or \$30 for non-members*

8/24—CPR and First Aid — OCC Requirement

Participants will be trained in CPR for the infant, child and adult. This class meets the Maryland Child Care Administration's requirements for child care facilities.

*Time: 9:00am-1:00pm,
Fee: \$75 for members and non-members*

8/26—Making the Most of Your Circle Time

This training is an in-depth dissection of the major components that commonly influence successful circle time structure, behavior, and philosophies, including a detailed comparison of small group vs whole group.

*Time: 6:30pm-8:30pm, COK: 2 hours of curriculum
Fee: \$25 for members or \$30 for non-members*

**ALL TRAININGS will be held
at PRC's new location unless
otherwise stated.**

**8395 Old Leonardtown Rd.
Hughesville, MD 20637**

Membership:

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SEPTEMBER 2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1	2 LABOR DAY OFFICE CLOSED	3	4	5	6	7
8	9	10	11	12 Understanding Autism Today 6:00pm-9:00pm Instructor: Erica Love Fee: \$30/\$35	13	14 Emergency and Disaster Preparedness 9:00am-4:00pm Instructor: Melissa Campbell Fee: \$50
15	16 More than Twinkle Twinkle: Using Music with Infants and Toddlers 6:00pm-9:00pm Instructor: Trish Carruth Fee: \$30/\$35	17	18	19 Working Together: Community and It's Helpers all Around Town 6:00pm-9:00pm Instructor: Lindsey Edwards Fee: \$30/\$35	20	21
22	23	24 Planning the Day for Infants and Toddlers 6:00pm-9:00pm Instructor: Julie Lowthert Fee: \$30/\$35	25	26 CPR & First Aid 6:00pm-10:00pm Instructor: Jay Hyde Fee: \$75	27	28 Managing Stress at Any Age 9:00am-12:00pm Instructor: Melanie Turner Fee: \$30/\$35 <hr/> Creating a Stress Reducing Environment for Children of All Ages 1:00pm-4:00pm Fee: \$30/\$35
29	30	31				

Training

9/12—Understanding Autism Today

Child care providers are key players in creating awareness of Autism and can offer support and guidance to families and children with Autism Spectrum Disorder. Participants will hear about recent developments in Autism research, learn to identify early warning signs of autism and find local support resources as well as learning effective teaching and documentation strategies for supporting children with Autism Spectrum Disorder.

*Time: 6:00pm-9:00pm, COK: 3 hours of special needs
Fee: \$30 for members or \$35 for non-members*

9/14— Emergency and Disaster Preparedness

This six-hour workshop meets the OCC requirements for Emergency Preparedness training. Participants will complete an approved emergency preparedness plan in the workshop. Time: 9:00am-4:00pm, COK: 6 hours of health, safety, and nutrition

*Time: 9:00am-4:00pm COK: 3 hours of health, safety and nutrition and 3 hours of professionalism
Fee: \$50 for members and non-members*

9/16—More Than Twinkle Twinkle: Using Music with Infants and Toddlers

Music and movement is a fun way to help infants and toddlers increase vocabulary and build muscle tone and social connections. This workshop explores the many ways in which music and movement for infants and toddlers can be incorporated into classroom as well as individualizing music and movement to meet the needs of individual children in your program.

*Time: 6:00pm-9:00pm, COK: 3 hours of curriculum
Fee: \$30 for members or \$35 for non-members*

9/19—Working Together: Community and Its Helpers All Around Town

This course is designed to introduce child care providers to Community/Social Studies through community helper in Early Childhood Education for children birth through 8 years of age .

*Time: 6:00pm-9:00pm, COK: 3 hours of community
Fee: \$30 for members or \$35 for non-members*

9/24—Planning the Day for Infants and Toddlers

An infant and toddler's day is full of routines and experiences. In this session, we will discuss how to implement these routines and experiences appropriately. Participants will also have an opportunity to explore and analyze daily schedules and lesson plan formats for infants and toddlers. They will also review and find resources to assist them in planning developmentally appropriate activities.

*Time: 6:00pm-9:00pm COK: 3 hours of curriculum
Fee: \$30 for members or \$35 for non-members*

9/26—CPR and First Aid

Participants will be trained in CPR for the infant, child and adult. This class meets the Maryland Child Care Administration's requirements for child care facilities.

*Time: 6:00pm-10:00pm, OCC Requirement
Fee: \$75 for members and non-members*

9/28—Managing Stress at Any Age

This training is designed to increase participants' knowledge of stress and how to manage its symptoms. This training introduces participants to "good" and "bad" stress as well as other types of stress such as acute stress and post-traumatic stress disorder, and participants will learn initial signs and symptoms of each type of stress. The participants will also be able to examine the similarities and differences of stress in infants, toddlers, preschool children, school-aged children, adolescents and adults.

*Time: 9:00am-12:00pm, COK: 2 hours of health, safety and nutrition 1 hour of professionalism
Fee: \$30 for members or \$35 for non-members*

9/28—Creating a Stress Reduced Environment for Children of All Ages

Stressors in children, ages 2 through 12; what the stressors are; how these stressors can be addressed. The purpose of this training is to look at the increasing level of stress found in children ages 2 through 12, and what can be done to help these children cope with their stress and anxiety. The areas that will be presented include: what causes stress, how young children exhibit stress, what techniques child-care providers can use to help lessen that stress, and how to establish collaboration between providers and parents to reduce the impact of stressors on young children .

*Time: 1:00pm-4:00pm, COK: 1 hour of child development, 1 hour of curriculum and 1 hour of health, safety and nutrition
Fee: \$30 for members or \$35 for non-members*

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