



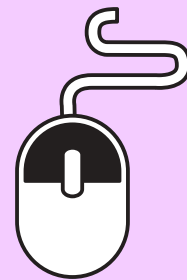
In this issue we will talk about:

- Treating bug bites and stings
- Promise Resource Center's plan to reopen agency
- Three-item crafts
- Training calendar

PLEASE NOTE OUR UPDATED REGISTRATION
POLICY THAT NOW INCLUDES
WEBINAR INFORMATION.

**DON'T MISS OUR
WEBINARS!**

Check out the calendar at the end of our
newsletter and call 301.290.0040 or visit
thepromisecenter.org/register
to register today!



Be sure to "like" us on Facebook and follow our
Instagram, Pinterest & Twitter accounts for even
more news, tips, photos, and articles on child care,
parenting, and more!





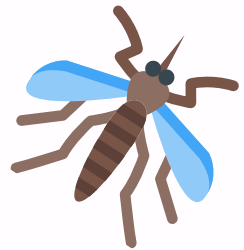
HOW TO TREAT BUG BITES AND STINGS

Bug bites are inevitable during the summer time. If you're like me, you have to pack a bottle of bug spray everywhere you go. When I don't, I always end up covered from head-to-toe with itchy spots that just seem to last a lifetime. So, I have set out to find a solution to treating bug bites for everyone in your family.

According to [Children's Health](#), "to treat a sting, first ensure you have removed the stinger by gently rubbing a flat object like a credit card across the sting. Next, clean the sting or bite site with soap and water and apply an antibiotic cream. You can help your child with pain by putting ice on the site. If your child was stung on the arm or leg, they can elevate that limb to help reduce swelling. Many insect stings and bites itch afterward. You can apply bug bite or antihistamine lotion to the site to help stop itching. You may also give your child an age-appropriate dose of acetaminophen or an antihistamine to help with pain and itching. Most symptoms of bug bites should pass within a few hours or days. However, if swelling, redness or pain gets worse – or if your child experiences a fever, rash or fatigue – contact your child's pediatrician."

While we can treat bites and stings, prevention is key. To prevent bites and stings, Children's Health suggests:

- Don't let them wear bright clothing outdoors.
- Avoid using heavily scented soaps or sweet-smelling perfumes and lotions.
- Ensure they wear shoes when playing outside.
- Cover arms and legs as much as possible.
- Spray them with a children's insect repellent.



For the full article, please visit <https://www.childrens.com/health-wellness/treating-bug-bites-and-stings-in-children>

THE PROMISE RESOURCE CENTER IS RE-OPENING!

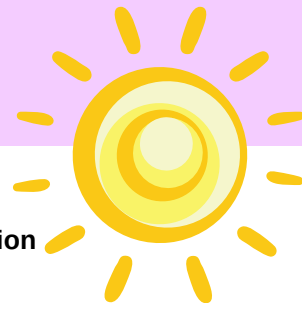
We are so excited to re-open to the public! While we are not currently opening our training room for in-person classes or our resource room for public use, we have implemented plans to assist you with our services.

Our updated policies include, but are not limited to the following:

- Trainings will continue over Zoom as an alternative to in-person training
- PRC will resume face-to-face trainings with providers gradually
- PRC will follow all recommendations from MSDE for face-to-face trainings which may include but are not limited to decrease in size of classes, wearing masks, access to hand sanitizer, cleaning/disinfecting training area
- Face masks are required entering our building and must be worn in all common areas
- If you are in need of items from our resource room, you must call 301.290.0040 in advance and we will be happy to create your items as needed. Drop-off and pick-up times are available for larger projects. Standard rates for lamination and use of PRC construction paper do apply.

These policies are subject to change based on updated guidelines from the CDC, MSDE, and the state governor. The Promise Resource Center is making every effort to support you and offer a safe, clean environment. If you have any questions about the above information, please call 301.290.0040.

UPCOMING JULY TRAINING



JULY 22&23 | 7:00-8:30PM

DEVELOPMENTALLY APPROPRIATE SUPERVISION

Developmentally Appropriate Supervision *TWO SEGMENT WEBINAR*

July 22&23, 2020 | 7:00-8:30pm

Instructor: Sarah Sutherland

Webinar | COK: 3 hours of Child Development

\$20 for members or \$25 for non-members

Gain greater understanding of how to appropriately and effectively supervise children of all ages. Explore techniques for indoor and outdoor supervision. Ensure children's safety through active monitoring to enable children to maximize their learning opportunities.

Traumatic Events: Helping Children Cope

TWO SEGMENT WEBINAR

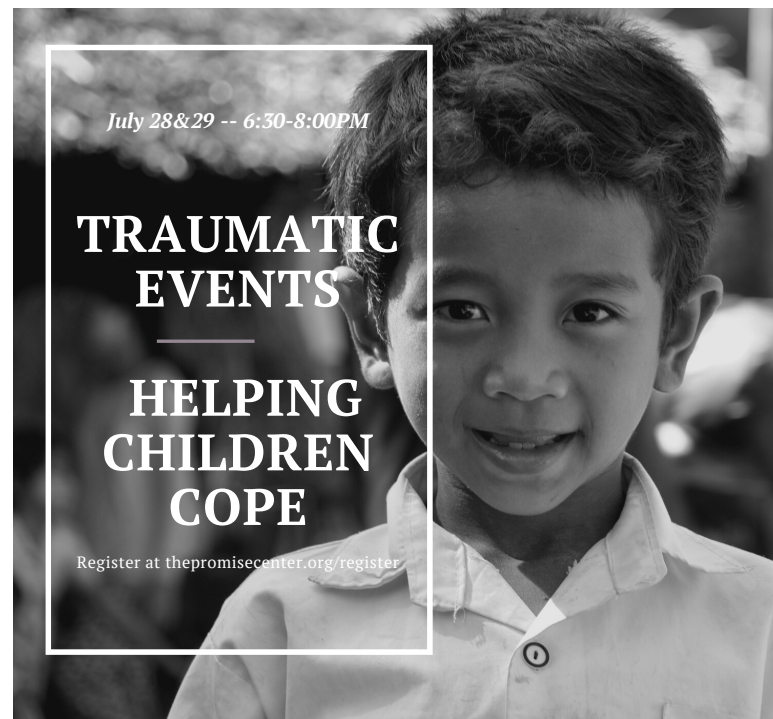
July 28&29, 2020 | 6:30-8:00pm

Instructor: Stacey Heidt

Webinar | COK: 2 hours Health, Safety and Nutrition and 1 hour of Special Needs

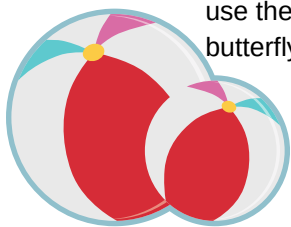
\$20 for members or \$25 for non-members

When a disaster or traumatic event occurs, such as a natural disaster or violent act, whether accidental or intentional, it can be stressful for people of all ages. Children tend to react to disaster and traumatic events based on their past experiences and what they know of the current situation. Participants will learn how to help children cope with trauma and how to respond to children who have experienced trauma.



COFFEE FILTER BUTTERFLIES: A 3-ITEM CRAFT

Use coffee filters, food coloring, and pipe cleaners to create colorful butterflies. Open the coffee filter, drop some food coloring on the coffee filters (optional: use a little bit of water if you want to spread the food coloring), pinch in the center, and use the pipe cleaners to wrap around the center and create the butterfly's body.



Now Offering Technical Assistance for Webinars!

Hi there! My name is Elizabeth and I am here to help with any technical issues you may experience while connecting to one of our webinars. Webinars can be intimidating, but with my help you will be an expert in no time!

Have any questions or concerns about connecting? I can help you through the whole process of registration, getting connected, and how to fill out our post webinar forms.

Give me a call at 301.290.0040 or email me at emccurdy@thepromisecenter.org and I will be happy to assist you!



Check out our

calendar

on later pages!



MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is our mission to ensure that every interaction with staff at the Child Care Resource Centers is positive and professional.

If you have concerns about an incident or some aspect of service at a Child Care Resource Center, please contact the director/manager directly. Contact information for these individuals can be found here (<https://marylandfamilynetwork.org/for-providers/findyour-child-care-resource-center>). If you are not satisfied with the way your concern is handled by the director/manager at the Child Care Resource Center, please contact Maryland Family Network at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the Statewide Coordinating Entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

REGISTRATION POLICY

Here at PRC, we have a passion for education and are excited to have you join us in the pursuit of knowledge!

We are now offering webinars to our clients. Webinars will be announced on our training calendar and posted on our website.

Currently, we are not accepting cash, checks, or money orders. You may call with a credit card to pay over the phone. Payment for a class will also be accepted online at thepromisecenter.org/register. Please note that classes must be paid for in advance, so please pay promptly to secure your spot.

Confirmations will not be mailed. Please call 301-290-0040 to verify your enrollment in a class.

You must be present and participate in the entire class to receive a certificate for the clock hours listed. Classes begin at the stated time and no admittance is permitted 15 minutes after the class has started. Late arrivals will not receive certificates, refunds, or transfers for the class.

For our webinars, class participation is required. You must have video and microphone capabilities. Participation in chats, class discussion and polls are required to receive your certificate. We ask that you eliminate as many distractions as possible when attending the class. Certificates will be mailed upon completion of the assessment.

If you have lost or misplaced a certificate, there is a \$5.00 replacement fee.

Please call 301-290-0040 in advance of class if you need assistance or require special accommodations.

All classes are open to the public.

The Promise Resource Center provides low-cost workshops for child care providers, parents and the community. Our workshops meet MSDE/Office of Child Care requirements for Core of Knowledge training.



CANCELLATION POLICY

We do not issue refunds if a student cancels their enrollment in a class. If you need to cancel, you must call the Promise Resource Center **24-hours in advance** and we will gladly give you a credit for another class. ***Cancellations must be made 48 hours in advance for CPR and First Aid and Medication Administration** or your payment will be forfeited and no credits will be issued. Our cancellation policy includes webinar registration.

Credit for cancelled classes must be used to attend another class within 60 days of the cancellation or it is forfeited.

The Promise Resource Center reserves the right to cancel a class if, the day prior to the class, we don't have the necessary number of paid participants.

You will receive a call notifying you of the cancellation and your money will be refunded or a credit will be issued. Credit must be used to attend another class within 60 days of the cancellation or it is forfeited.

BECOME A PRC MEMBER TODAY!

Interested in becoming a member of The Promise Resource Center and receiving discounts on many of our classes?

For only \$10 a year, individual membership will earn you :

1 PAU

\$5 off select trainings

1 free training for every 5 trainings completed

Satisfaction in knowing you are helping families in our community receive services for low or no cost!

Membership is also available for centers. These memberships are \$25 a year. Center staff will receive \$5 off select trainings if the training is paid for by the center.

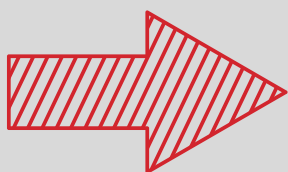
Visit thepromisecenter.org/register or call 301-290-0040 to register for membership today!



Become a member today!

Complete and mail this form + payment to:

The Promise Resource Center
8395 Old Leonardtown Rd.
Hughesville, MD 20637



Membership Application

Name: _____

Address: _____

City: _____ Zip: _____

Phone: _____

Email: _____

Membership Type

Renewal _____ New _____

Center/Group _____ Individual _____

LOCATE: CHILD CARE



LOCATE: Child Care

Every day, parents contact LOCATE: Child Care. Parents need comprehensive information to help them make informed decisions for their child. The more complete and current your information is, the better we can help parents find and choose your program. Please review and update your provider record today. You can update your record now at <https://locate.marylandfamilynetwork.org/Provider/login>. Once you enter your information, it will be reviewed and activated in our database within just two business days. Everyone who updates their record will receive an entry in our monthly drawing for a \$25 Amazon gift card. If you need a paper copy of our questionnaire, please call the provider line at 866.752.1614. Update your record now at <https://locate.marylandfamilynetwork.org/Provider/login>

LOCATE Complaint Policy

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

Less Serious Complaint - No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.

Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.

Serious Complaint: any threat to the immediate health, safety, or welfare of a child.

When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/facility's records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE's actions in writing.

A provider may appeal the LOCATE Director's decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, LOCATE: Child Care Director.



MARYLAND
FAMILY
NETWORK
*Leading Maryland's
Child Care Resource Centers*



MARYLAND CHILD CARE
RESOURCE NETWORK

The Promise Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network.

TRAINING

SUN	MON	TUE	WED	THU	FRI	SAT
			01	02	03	04
05	06	07	08	09 Redesign Your Circle Time 12:30-2:00pm Instructor: Sarah Sutherland Webinar \$20/\$25	10 CONTINUED Redesign Your Circle Time 12:30-2:00pm Instructor: Sarah Sutherland Webinar	11
12	13	14 SIDS, SUID and Other Sleep Related Infant Deaths 6:00-8:00pm Instructor: Stacey Heidt Webinar \$15/\$20	15	16	17	18
19	20	21	22 Developmentally Appropriate Supervision 7:00-8:30pm Instructor: Sarah Sutherland Webinar \$20/\$25	23 CONTINUED Developmentally Appropriate Supervision 7:30-8:30pm Instructor: Sarah Sutherland Webinar	24	25
26	27	28 Traumatic Events: Helping Children Cope 6:30-8:00pm Instructor: Stacey Heidt Webinar \$20/\$25	29 CONTINUED Traumatic Events: Helping Children Cope 6:30-8:00pm Instructor: Stacey Heidt Webinar	30	31	

JULY

Redesign Your Circle Time
TWO SEGMENT WEBINAR
July 9&10, 2020 | 12:30-2:00pm

Instructor: Sarah Sutherland
Webinar | COK 2 hours Curriculum and 1 hour Special Needs
\$20 for members or \$25 for non-members

Through engaging discussions, hands-on activities, and thoughtful self-reflection, participants will explore developmentally appropriate best practices regarding Circle Time. How can you shift your focus to social/emotional development? Do children have to sit criss-cross applesauce in order to learn? Do you have to do weather and calendar during Circle Time? Find out these answers and more!

SIDS, SUID and Other Infant Related Deaths

July 14, 2020 | 6:30-8:30pm

Instructor: Stacey Heidt
Webinar | COK: 2 hours Health, Safety and Nutrition
\$15 for members or \$20 for non-members

As infant and toddler caregivers, it is important to understand SIDS and sleep-related deaths, including the many strategies which can be implemented to reduce the risk of sleep-related death. Participants will review what is SIDS and sleep-related death, review recent research and statistics, gain greater understanding of the role child care plays in keeping infants safe, and the recommendations and strategies for keeping children safe.

Developmentally Appropriate Supervision

TWO SEGMENT WEBINAR

July 22&23, 2020 | 7:00-8:30pm

Instructor: Sarah Sutherland
Webinar | COK: 3 hours of Child Development
\$20 for members or \$25 for non-members

Gain greater understanding of how to appropriately and effectively supervise children of all ages. Explore techniques for indoor and outdoor supervision. Ensure children's safety through active monitoring to enable children to maximize their learning opportunities.

Traumatic Events: Helping Children Cope

TWO SEGMENT WEBINAR

July 28&29, 2020 | 6:30-8:00pm

Instructor: Stacey Heidt
Webinar | COK: 2 hours Health, Safety and Nutrition and 1 hour of Special Needs
\$20 for members or \$25 for non-members

When a disaster or traumatic event occurs, such as a natural disaster or violent act, whether accidental or intentional, it can be stressful for people of all ages. Children tend to react to disaster and traumatic events based on their past experiences and what they know of the current situation. Participants will learn how to help children cope with trauma and how to respond to children who have experienced trauma.

PRC NOW OFFERING TWO SEGMENT CLASSES

We are beginning two segment classes this July! Two segment classes are full three hour classes broken down over two days. These classes will be an hour and a half at a time. In order to receive your certificate for the registered training, you must attend both segments during the specified time. PRC's Cancellation Policy still applies if you miss one or both segments. When you secure your registration, please plan accordingly to attend both sessions.

Membership

Interested in becoming a member of The Promise Resource Center and receiving discounts on many of the classes you see here?

For only \$10 a year, individual membership will earn you:

- 1 PAU
- \$5 off select trainings
- 1 free training for every 5 trainings completed
- Satisfaction in knowing you are helping families in our community receive services for low or no cost!

Visit thepromisecenter.org/register or call 301-290-0040 to register for membership today!

JULY

TRAINING

SAT

FRI

THU

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TUE

MON

SUN

						01	
02	03		04	05	06	07	08 FACE-TO-FACE Improving Transitions In Your Program 9:00am-12:00pm Instructor: Patricia Carruth @ THE PROMISE CENTER \$30/\$35
09	10 Including All Children and The Americans with Disabilities Act 6:00pm-9:00pm Instructor: Sarah Sutherland WEBINAR \$20/\$25	11	12	13	14	15	
16	17	18 Bottoms Up! Tummy Time Fun 6:00pm-9:00pm Instructor: Stacey Heidt WEBINAR \$20/\$25	19	20	21	22	
23	24	25	26 Scribbles Count! Emergent Writing 6:30pm-8:30pm Instructor: Sarah Sutherland WEBINAR \$15/\$20	27	28	29	
30	31						

AUGUST

Improving Transitions In Your Program**August 8, 2020 | 9:00am-12:00pm***Instructor: Patricia Carruth***@ The Promise Center** | COK 3 hours of Curriculum

\$30 for members or \$35 for non-members

Moving from place to place, activity to activity, is often filled with tears, screaming, and tantrums. Learn how you can smooth transitions to make them productive, fun times for children and stress free for adults.

Including All Children and the Americans with Disabilities Act (ADA)**August 10 2020 | 6:00pm-9:00pm***Instructor: Sarah Sutherland***Webinar** | COK: 3 hours of Special Needs

\$20 for members or \$25 for non-members

This training will go over the requirement of the ADA and inclusionary practices in early childhood and school age programs. Also, learn about local, state and national resources available to child care providers.

Bottoms Up! Tummy Time Fun**August 18, 2020 | 6:00pm-9:00pm***Instructor: Sarah Sutherland***Webinar** | COK: 3 hours of Child Development

\$20 for members or \$25 for non-members

Tummy time is easy to implement in any child care setting and is critically important to supporting healthy infant development and preventing a number of infant disorders. Knowing about the importance of tummy time and how it can be implemented throughout the day, teachers can incorporate prone positioning in their classrooms and conversations with parents which in turn will help with the growth and development of infants.

Scribbles Count! Emergent Writing**August 26, 2020 | 6:30-8:30pm***Instructor: Stacey Heidt***Webinar** | COK: 2 hours of Child Development

\$15 for members or \$20 for non-members

It is an important aspect of the early childhood environment that caregivers understand that from the moment children have grasped a finger or a rattle, they have taken the first step in becoming a writer. Caregivers can encourage the development of writing skills by providing opportunities in a variety of settings and experiences. In this training participants will learn how to define emergent writing in the early childhood setting; they will become familiar with the developmental stages of writing; and, will come to know how to create a developmentally appropriate print rich environment.

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