

### OCTOBER AND NOVEMBER NEWSLETTER & CALENDAR



Be sure to "like" us on Facebook and follow our Instagram, Pinterest & Twitter accounts for even more news, tips, photos, and articles on child care, parenting, and more!









#### IN THIS ISSUE WE WILL TALK ABOUT:

- Training Opportunities
- Early Childhood Development and Learning
- Meet Our Interns
- Offering TA Services for Providers

## HAVE YOU BECOME A MEMBER YET?

For only \$10 a year, individual membership will earn you:

- 1 PAU
- \$5 off select trainings
- 1 free training for every 5 trainings completed
- Satisfaction in knowing you are helping families in our community receive services for low or no cost!

Visit thepromisecenter.org/register or call 301-290-0040 to register for a membership today!

### OCTOBER TRAINING OPPORTUNITIES

### SUPER SATURDAY!

#### **Raindrops on Noses and Toes in the Dirt: Infants** and Toddlers in the Outdoor Classroom

@ The Promise Resource Center

October 17, 2020 | 9:00am-12:00pm

Instructor: Stacey Heidt

In-Person Learning | COK: 3 hours of Curriculum \$30 for members or \$35 for non-members

Creating an outdoor classroom that enables infants and toddlers to explore and experience the outdoors and increase their cognitive skills through a variety of sensory experiences. This workshop takes a look at how to develop and create an outdoor classroom across all the domains of learning for infants and toddlers in your care.

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\$25 for members or \$30 for non-members

Sensory play enables infants and toddlers to scaffold learning, building on prior experiences. Providers will learn how to use non-traditional everyday sensory items to create discovery baskets to scaffold memory and enhance brain development in infants and toddlers.

#### **Including All Children and the Americans With Disabilities Act**

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Webinar

October 12, 2020 | 6:00pm-9:00pm Instructor: Sarah Sutherland

Webinar | COK: 3 hours of Special Needs

\$30 for members or \$35 for non-members

This training will go over the requirement of the ADA and inclusionary practices in early childhood and school age programs. Also, learn about local, state and national resources available to child care providers.

#### **Understanding Linguistic and Cultural Diversity and Language Acquisition**

Webinar

October 21, 2020 | 6:30pm-8:30pm

Instructor: Sarah Sutherland

Webinar | COK: 1 hour of Child Development and 1

hour of Special Needs

\$25 for members or \$30 for non-members

This training explores best practices for working with children who are English Language Learners to help them be successful participants in their preschool setting, while supporting their ability to learn English. Participants will learn the stages of second language acquisition and ways to help support children as they move through each phase. Participants will also learn a variety of strategies for supporting children in the classroom and working with families to create a successful learning environment.

#### **Character Development in Preschool**

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Webinar | COK: 2 hours of Child Development \$25 for members or \$30 for non-members

Find out who said, "Character is like a tree and reputation like its shadow." The shadow is what we think of it; the tree is the real thing. Explore effective practices and activities that help to develop positive character traits - honesty, empathy, citizenship - in preschool-aged children.

### REGISTRATION

To register for any of our training opportunities:

Visit us online at the promise center.org/register

--or--

Give us a call at 301.290.0040



# Early Childhood Development and Learning Birth to Three Years

## PROMISE -RESOURCE CENTER-

October 2020

Join us for SUPER SATURDAY to explore this topic in more depth

Raindrops on Noses and Toes in the Dirt: Infants and Toddlers in the Outdoor classroom

Sat. October 17, 2020 9:00 am-12:00 pm

Sensory Play for Infants and Toddlers

Sat. October 17, 2020 1:00-3:00 pm

#### Technical Assistance and Coaching to support and enrich your childcare practices such as:

- Planning the day for infants and toddlers
- Activities and materials that support infant and toddler development + learning
- · Responsive Caregiving
- Infant and toddler environments for learning and development.

Please feel free to contact us for more information: Stacey Heidt Infant and Toddler Specialist 301-290-0040 x 20 sheidt@thepromisecenter.org

Sign up for any of our events or follow us to stay up-to-date through our website or social media pages!

http://
thepromisecenter.org/

### Learning Through the Senses

What is sensory play, and why is it important to learning?

Sensory play is the primary source of learning for infants and toddlers. As they explore their world with their senses they are making important connections in their brains and developing the foundation for critical thinking skills. Most of us are all familiar with the five senses: touch, smell, sight, taste and sound. But did you know that there are a few other senses that very young children are working on? The sense of balance and body control, as well as the sense of where each body part is in relation to the rest of the body. All of these senses are related to healthy brain and body development.

Through sensory play infants and toddlers are developing foundations needed for learning.

By using their senses, young children are gaining knowledge. Learning takes place within this process that is driven by curiosity. As adults we can encourage that exploration by providing a variety of sensory experiences that are both safe and stimulating, as well as being open to how children are exploring. Yes, voung children will use their mouths to "touch" things, feeling the texture from a different perspective.

Have you ever seen an infant who has found a tiny crumb on the floor during tummy time?

With so much effort they become determined to find out what it is. They use their fingers to try and pick it up, their eyes wide with focus. This is the child's natural instinct to explore, and you can enhance this learning experience by adding materials that peak a child's interest. In this tummy time example, you could use balls on top of a child safe mirror. This expands the child's perspective and helps them explore the real item as well as the reflection (seeing, touching). Narrate what the child is doing, or describe the balls (hearing), to facilitate language development. As the child stays more engaged in the tummy time activity, the more they gain they body control.

Your role as a caregiver is to support that exploration, knowing that it contributes to the child's learning and development.

As very young children become mobile their world expands and you can facilitate play and learning by exploring the senses though motion. This could include a nature walk and the exploration of natural items, giving them lots of opportunity to explore the world.

### More Ways to Engage

Discover Items:

- \* Discovery Bottles
- Discovery Bott

Crab Mallets

- Nesting Toys
- . 3377 1.T.
- \* Wood Items
- \* Play Dough \* Balls
- \* Fake Furr
- \* Mirrors
- \* Pumice
- \* Shakers and Rattles
- \* Sifters
- \* Bells
- \* Cardboard Tubes

### **Now Offering Technical Assistance for Webinars!**

Hi there! My name is Elizabeth and I am here to help with any technical issues you may experience while connecting to one of our webinars. Webinars can be intimidating, but with my help you will be an expert in no time!

Have any questions or concerns about connecting? I can help you through the whole process of registration, getting connected, and how to fill out our post webinar forms.

Give me a call at 301.290.0040 or email me at emccurdy@thepromisecenter.org and I will be happy to assist you!





#### MADEE'JA BURCH -PARENTING PROGRAMS

Hi there, my name is Madee'Ja Burch! I recently started as an intern with The Promise Resource Center. I am a second Year MSW student at Salisbury University. It is my goal to impact the lives of children and their families. My undergraduate degree at Bowie State University is in Child and Adolescent Studies. I am excited to work with Kim under the parenting programs at The Promise Resource Center over the next several months!



#### KAYLA WOEHLKE -ECMH PROGRAM

Hi, my name is Kayla Woehlke! I recently started as an intern with The Promise Resource Center. I am excited to work with Andrea under the ECMH program. I believe there is a great experience opportunity ahead of me and I look forward to what I will learn along the

### MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is our mission to ensure that every interaction with staff at the Child Care Resource Centers is positive and professional.

If you have concerns about an incident or some aspect of service at a Child Care Resource Center, please contact the director/manager directly. Contact information for these individuals can be found here (<a href="https://marylandfamilynetwork.org/for-providers/findyour-child-care-resource-center">https://marylandfamilynetwork.org/for-providers/findyour-child-care-resource-center</a>). If you are not satisfied with the way your concern is handled by the director/manager at the Child Care Resource Center, please contact Maryland Family Network at 410-659-7701 or at <a href="mailto:MCCRNinfo@marylandfamilynetwork.org">MCCRNinfo@marylandfamilynetwork.org</a>. As the Statewide Coordinating Entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

#### **REGISTRATION POLICY**

Here at PRC, we have a passion for education and are excited to have you join us in the pursuit of knowledge!

We are now offering webinars to our clients. Webinars will be announced on our training calendar and posted on our website.

Currently, we are not accepting cash, checks, or money orders. You may call with a credit card to pay over the phone. Payment for a class will also be accepted online at <a href="mailto:thepromisecenter.org/register">thepromisecenter.org/register</a>. Please note that classes must be paid for in advance, so please pay promptly to secure your spot.

Confirmations will not be mailed. Please call 301-290-0040 to verify your enrollment in a class.

You must be present and participate in the entire class to receive a certificate for the clock hours listed. Classes begin at the stated time and no admittance is permitted 15 minutes after the class has started. Late arrivals will not receive certificates, refunds, or transfers for the class.

For our webinars, class participation is required. You must have video and microphone capabilities. Participation in chats, class discussion and polls are required to receive your certificate. We ask that you eliminate as many distractions as possible when attending the class. Certificates will be mailed upon completion of the assessment.

If you have lost or misplaced a certificate, there is a \$5.00 replacement fee.

Please call 301-290-0040 in advance of class if you need assistance or require special accommodations.

All classes are open to the public.

The Promise Resource Center provides low-cost workshops for child care providers, parents and the community. Our workshops meet MSDE/Office of Child Care requirements for Core of Knowledge training.



#### **CANCELLATION POLICY**

We do not issue refunds if a student cancels their enrollment in a class. If you need to cancel, you must call the Promise Resource Center 24-hours in advance and we will gladly give you a credit for another class. \*Cancellations must be made 48 hours in advance for CPR and First Aid and Medication Administration or your payment will be forfeited and no credits will be issued. Our cancellation policy includes webinar registration.

Credit for cancelled classes must be used to attend another class within 60 days of the cancellation or it is forfeited.

The Promise Resource Center reserves the right to cancel a class if, the day prior to the class, we don't have the necessary number of paid participants.

You will receive a call notifying you of the cancellation and your money will be refunded or a credit will be issued. Credit must be used to attend another class within 60 days of the cancellation or it is forfeited.

### BECOME A PRC MEMBER TODAY!

Interested in becoming a member of The Promise Resource Center and receiving discounts on many of our classes?

For only \$10 a year, individual membership will earn you:

1 PAU

\$5 off select trainings
1 free training for every 5 trainings
completed

Satisfaction in knowing you are helping families in our community receive services for low or no cost!

Membership is also available for centers. These memberships are \$25 a year. Center staff will receive \$5 off select trainings if the training is paid for by the center.

Visit thepromisecenter.org/register or call 301-290-0040 to register for membership today!



### **Membership Application**

# Become a member today!

Complete and mail this form + payment to:

The Promise Resource Center 8395 Old Leonardtown Rd. Hughesville, MD 20637



Name:						
Addres	S:					
			Zip:			
Phone:						
Email:						
	Membership Type					
	Renewel		New			

Center/Group Individual

### **LOCATE: CHILD CARE**



LOCATE: Child Care

Every day, parents contact LOCATE: Child Care. Parents need comprehensive information to help them make informed decisions for their child. The more complete and current your information is, the better we can help parents find and choose your program. Please review and update your provider record today. You can update your record now at https://locate.marylandfamilynetwork.org/Provider/login. Once you enter your information, it will be reviewed and activated in our database within just two business days.

Update your record now at https://locate.marylandfamilynetwork.org/Provider/login

### **LOCATE Complaint Policy**

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

Less Serious Complaint - No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.

Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.

Serious Complaint: any threat to the immediate health, safety, or welfare of a child.

When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/facility's records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE's actions in writing.

A provider may appeal the LOCATE Director's decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, LOCATE: Child Care Director.







# TRAINING

SAT	03	10	Raindrops on Noses and Toes in the Dirtinfants and Toddlers in the Outdoor Classroom \$2008m-12:00pm \$30/\$35  Sensory Play for Infants and Toddlers 1:00pm-3:00pm \$25/\$30	24	21
FRI	02	60	16	23	30
THU	01	80	15	22	59
WED		07		Understanding Linguistic and 21 Cultural Diversity and Language Acquisition 6:30pm-8:30pm Instructor: Sarah Sutherland WEBINAR \$25/\$30	
TUE		90	13	20	Character Development in Preschool 6:30pm-8:30pm Instructor: Mary Hodson WEBINAR \$25/\$30
Σ O V		05	Including All Children and the Americans with Disabilities Act 6:00pm-9:00pm Instructor: Sarah Sutherland WEBINAR \$30/\$35	61	26
NOS		04	=	18	25

# OCLOBEK

# TRAINING

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# October 12, 2020 | 6:00pm-9:00pm

Instructor: Sarah Sutherland

Webinar | COK: 3 hours of Special Needs \$30 for members or \$35 for non-members

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# Location of class indicated by RED text.

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# Membership

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## TRAINING

SAT	07 SUPER SATURDAY Details coming soon!	14	21	28		
FRI	90	13	20	DAY AFTER THANKSGIVING PRC CLOSED		
THO	05	12	19	THANKSGIVING  26 PRC CLOSED		
WED	04	VETERANS DAY	81	25		
TUE		Supporting Breastleeding in Childcare (500pm/5.30pm Instructor: Stacey Heldt Webinar \$105,815 SIDS, SUD and Other Sleep Related Infart Deaths 6.30pm-8.30pm Instructor: Stacey Heldt Webinar \$25830	71	24		
MOM	Imagine After School Spaces  O2 That Work 6:00-7:30pm Instructor: Sarah Sutherland Webinar \$30/\$35	60	Introduction to NAFCC  16 Accreditation 6:30-8:30pm Instructor: Sarah Sutherland Webinar \$25/\$30	Simple Strategies for Staying Healthy During Trying Times 6:30-8:30pm Instructor: Mary Hodson Webinar \$25/\$30	30	
SUN	01	80	15	22	29	

NONEMBEK

# Imagine After School Spaces That Work

\*Two Part Webinar\*

\$30 for members or \$35 for non-members November 2&3, 2020 | 6:00pm-7:30pm Webinar | COK: 3 hours of Curriculum Instructor: Sarah Sutherland

and can establish and maintain relationships. The environment can play a major role in In school-age settings, children develop a sense of belonging when they feel accepted this development. This workshop will look at the impact the environment has on quality school-age care and fostering healthy relationships in children.

# Supporting Breastfeeding in Childcare

\*Webinar\*

\$10 for members or \$15 for non-members November 10, 2020 | 6:00pm-6:30pm Webinar | CTU: .5 hours Instructor: Stacey Heidt

This is a required course for all directors, infant and toddler staff, and family providers.

# SIDS, SUID and Other Sleep Related Infant Deaths

\*Webinar\*

Webinar | COK: 2 hours of Health, Safety and Nutrition \$25 for members or \$30 for non-members November 10, 2020 | 6:30-8:30pm 'nstructor: Stacey Heidt

review recent research and statistics, gain greater understanding of the role child care deaths, including the many strategies which can be implemented to reduce the risk of As infant and toddler caregivers, it is important to understand SIDS and sleep-related plays in keeping infants safe, and the recommendations and strategies for keeping sleep-related death. Participants will review what is SIDS and sleep-related death, children safe

# Location of class indicated by RED text.

that each training opportunity has the location indicated in red under each We have several class options available at this time. Please be aware class name

# Introduction to NAFCC Accreditation 'Webinar\*

November 16, 2020 | 6:30-8:30pm Instructor: Sarah Sutherland

Webinar | COK: 2 hours of Professionalism \$25 for members or \$30 for non-members An introduction to the process and standards for family child care providers to complete the NAFCC Accreditation process

# Simple Strategies for Staying Healthy During Trying Times 'Webinar\*

November 23, 2020 | 6:30-8:30pm Instructor: Mary Hodson

Webinar | COK: 2 hours of Professionalism \$25 for members or \$30 for non-members During these trying times deep, thoughtful, intentional self-care is critical for every professional in the early care and education field. In this workshop you will learn strategies to help you take care of yourself so you can take care of others.

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