



IN THIS ISSUE WE WILL
TALK ABOUT:

- Training Opportunities
- Early Childhood Development and Learning
- Winter Fundraiser

MEMBER SPOTLIGHT

Welcome to our new and returning members!

- Stephanie Ramos
- Ethonia Thompson
- Brittany McCrae
- Tikeya Smith
- Portia McCrae
- LaToya Kennedy
- Melinda Posey
- Brittney Ball
- St. Mary's Recreation and Parks
- Jennifer Hutchison
- Susan Potts-Lancaster
- Cassandra McMahon
- Casey Houchin

DID YOU KNOW OUR TRAINING OPPORTUNITIES ARE
PARENT-FRIENDLY?

Do you have a parent in your program interested in any of our training opportunities? The majority of our trainings are available to child care providers and parents. Just have them give us a call and let us know they are signing up as a parent and we will be sure to have our trainer discuss the topic of training from both a child care provider and parent perspective. We also offer discounts to parents that register with us!

Have a family in mind?

Have them look at our attached training calendar and give us a call at 301.290.0040!

Be sure to "like" us on Facebook and follow our Instagram, Pinterest & Twitter accounts for even more news, tips, photos, and articles on child care, parenting, and more!



NOVEMBER TRAINING OPPORTUNITIES

Imagine After School Spaces That Work

Two Part Webinar

November 2&3, 2020 | 6:00pm-7:30pm

Instructor: Sarah Sutherland

Webinar | COK: 3 hours of Curriculum

\$30 for members or \$35 for non-members

In school-age settings, children develop a sense of belonging when they feel accepted and can establish and maintain relationships. The environment can play a major role in this development. This workshop will look at the impact the environment has on quality school-age care and fostering healthy relationships in children.

Basic Health and Safety

Webinar

November 5, 2020 | 1:00pm-4:00pm

Instructor: Sarah Sutherland

Webinar | COK: 3 hours of Health, Safety and Nutrition

\$30 for members or \$35 for non-members

This training will satisfy the CCDF Health and Safety Requirements. This training is highly interactive and informative.

Supporting Breastfeeding in Childcare

Webinar

November 10, 2020 | 6:00pm-6:30pm

Instructor: Stacey Heidt

Webinar | CTU: .5 hours

\$10 for members or \$15 for non-members

This is a required course for all directors, infant and toddler staff, and family providers.

SIDS, SUID and Other Sleep Related Infant Deaths

Webinar

November 10, 2020 | 6:30-8:30pm

Instructor: Stacey Heidt

Webinar | COK: 2 hours of Health, Safety and Nutrition

\$25 for members or \$30 for non-members

As infant and toddler caregivers, it is important to understand SIDS and sleep-related deaths, including the many strategies which can be implemented to reduce the risk of sleep-related death. Participants will review what is SIDS and sleep-related death, review recent research and statistics, gain greater understanding of the role child care plays in keeping infants safe, and the recommendations and strategies for keeping children safe.

CPR and First Aid

@ The Promise Resource Center

November 14, 2020 | 9:00am-1:00pm

Instructor: Jay Hyde

In-Person Learning

\$85 for members and non-members

Participants will be trained in CPR for the infant, child and adult. This class meets the Maryland Child Care Administration's requirements for child care facilities.

Introduction to NAFCC Accreditation

Webinar

November 16, 2020 | 6:30-8:30pm

Instructor: Sarah Sutherland

Webinar | COK: 2 hours of Professionalism

\$25 for members or \$30 for non-members

An introduction to the process and standards for family child care providers to complete the NAFCC Accreditation process.

Simple Strategies for Staying Healthy During Trying Times

Webinar

November 23, 2020 | 6:30pm-8:30pm

Instructor: Mary Hodson

Webinar | COK: 2 hours of Professionalism

\$25 for members or \$30 for non-members

During these trying times deep, thoughtful, intentional self-care is critical for every professional in the early care and education field. In this workshop you will learn strategies to help you take care of yourself so you can take care of others.



In-Person learning COVID-19 requirements and procedures:

- All desks, chairs and pens provided will be sanitized prior to class beginning
- All attendees and trainers must wear masks at all times
- Class sizes are limited to account for social distancing protocol
- Sanitizer stations are available in the lobby and by training room
- Trainer will ask each attendee health screening questions prior to entering the training room and temperature will be taken upon arrival
- Visitors must use restroom in the lobby

NOVEMBER SUPER SATURDAY!

Anti-Bias Cultural Competence Awareness

@ The Promise Resource Center

November 7, 2020 | 9:00am-12:00pm

Instructor: Stacey Heidt

In-Person Learning | COK: 3 hours of Community

\$30 for members or \$35 for non-members

Everyone has a cultural, ethnic, racial, linguistic and/or religious heritage that influences their beliefs, values and behaviors. Creating culturally competent programs that are responsive to the staff members, community and families served can reduce possible conflicts and provides multiple benefits for everyone. Participants will identify and develop strategies to promote cultural competence.

Time for Referral: Tips for Talking with Families

@The Promise Resource Center

November 7, 2020 | 1:00pm-3:00pm

Instructor: Mary Hodson

In-Person Learning | COK: 2 hours of Community

\$25 for members or \$30 for non-members

You've completed the developmental screenings on the children in your care-now what? It is always best practice to discuss score results, whether or not there are concerns, with the child's parents to learn about the child's development and promote healthy behavior and development. This workshop will give providers strategies for talking with parents especially if there are concerns about a child's development and/or the need for a referral.

Location of class indicated by RED text.

We have several class options available at this time. Please be aware that each training opportunity has the location indicated in red under each class name.



Early Childhood Development and Learning

Birth to Three Years



November 2020

Join us for **SUPER SATURDAY** to explore this topic in more depth.

Anti-Bias Cultural Competence Awareness

November 7, 2020
9:00 am-12:00 pm

Time for Referral: Tips for Talking with Families

November 7, 2020
1:00 pm-3:00 pm

Technical Assistance and Coaching to support and enrich your care and teaching practices such as:

- Planning the day for infants and toddlers
- Activities and materials that support infant and toddler development, learning
- Responsive Caregiving
- Infant and toddler environments for learning and development

Please feel free to contact me for more information:

Stacey Heidt
Infant and Toddler Specialist

301-290-0040 x 20
sheidt@thepromisecenter.org

Sign up for any of our events or follow us to stay up-to-date through our website or social media pages!

[http://
thepromisecenter.org/](http://thepromisecenter.org/)

Young Children's Development of a Sense of Self

As many will often hear me say, Social/Emotional Development is the foundation for all learning. This is an area of development that we, as early childhood professionals and parents, should help children develop fully to support other areas of learning. Social/Emotional Development focuses on several key areas:

- Self-Concept
- Self-Control
- Approaches to Learning
- Interactions with Others
- Social Problem Solving

Within this especially important area of development, one aspect

of Self-Concept is often missing. We forget to celebrate our differences, and the amazing diversity in our world.

My meaning for "celebrating differences" is not to say that we simply focus on different holiday's from different cultures, but rather making diversity a part of our everyday conversations with young children and valuing the differences in people during our everyday lives.

Very young infants' development is connected to the safety they feel within relationships with adults. They haven't yet developed that sense that they are an individual, in a way they perceive others

as an extension of themselves. They are taking in a lot of information as their brains develop quickly based on their needs getting met and the environment they are exploring. Their development is rooted in feeling.

At around 18 months old, children start to notice physical differences, like skin color/tone, hair color, etc. From toddlerhood, children are working on making sense of their world, and trying to make sense of every part of who they are, how they fit in the world with others. This is the time that many in the early childhood field describe as the stage of pre-prejudice. Their experiences with difference, and how we talk about, or don't talk about them will shape how they see themselves in relation to others.

Simple Ways to Celebrate Differences

- Provide skin-tone crayons, markers and paints, which can help to familiarize them with subtle differences in tone and hue
- Expose children to books and songs that focus on similarities and differences among people and families
- Include puzzles and photographs of children from

various races, or ones depicting a range of racial groups, families and jobs -- ideally some that challenge typical gender roles

NOW OFFERING TECHNICAL ASSISTANCE FOR WEBINARS!



Wreaths



Fall & Thanksgiving



Centerpieces



Garland



Tabletop Trees



Specialty

WE EARN 15%

*Supporting our fundraiser is easy...
Simply decorate your home or send
an elegant evergreen gift!*

SUPPORT OUR CAUSE

- 1 Visit www.LynchCreekFundraising.com/c/247688
- 2 Click on a product category or Shop Online
- 3 Choose a Team Member to support (if applicable)
- 4 Click Shop Now to give back 15% of your purchase!

ENTIRE PRODUCT AVAILABILITY ONLINE

PREFER TO ORDER BY PHONE? CALL 1-888-426-0781 AND REFERENCE CAMPAIGN # 247688

We are excited to announce our Winter fundraiser through Lynch Creek Farms! From now through December 13, we are selling fresh fall and winter wreaths and decor through Lynch Creek Farms. Help us reach our goal of \$1000 raised and visit www.lynchcreekfundraising.com/c/247688 for the full product availability!

The holiday season will soon be upon us and we are excited for the opportunity to sell these fresh products to you. From wreaths for fall and winter to garland and table centerpieces, there are a variety of options available to you. All items are delivered to your door, making this sale even more convenient. At no additional cost, each item purchased gives back 15% of the total to our agency when you shop online at Lynch Creek Farms.

If you do not wish to shop online call 1-888-426-0781 to speak with a representative and mention fundraiser #247688! If you do not find an item you wish to purchase, please consider making a donation through the website to our agency. We will receive 100% of all donations made through the platform.

MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is our mission to ensure that every interaction with staff at the Child Care Resource Centers is positive and professional.

If you have concerns about an incident or some aspect of service at a Child Care Resource Center, please contact the director/manager directly. Contact information for these individuals can be found here (<https://marylandfamilynetwork.org/for-providers/findyour-child-care-resource-center>). If you are not satisfied with the way your concern is handled by the director/manager at the Child Care Resource Center, please contact Maryland Family Network at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the Statewide Coordinating Entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

REGISTRATION POLICY

Here at PRC, we have a passion for education and are excited to have you join us in the pursuit of knowledge!

We are now offering webinars to our clients. Webinars will be announced on our training calendar and posted on our website.

Currently, we are not accepting cash, checks, or money orders. You may call with a credit card to pay over the phone. Payment for a class will also be accepted online at thepromisecenter.org/register. Please note that classes must be paid for in advance, so please pay promptly to secure your spot.

Confirmations will not be mailed. Please call 301-290-0040 to verify your enrollment in a class.

You must be present and participate in the entire class to receive a certificate for the clock hours listed. Classes begin at the stated time and no admittance is permitted 15 minutes after the class has started. Late arrivals will not receive certificates, refunds, or transfers for the class.

For our webinars, class participation is required. You must have video and microphone capabilities. Participation in chats, class discussion and polls are required to receive your certificate. We ask that you eliminate as many distractions as possible when attending the class. Certificates will be mailed upon completion of the assessment.

If you have lost or misplaced a certificate, there is a \$5.00 replacement fee.

Please call 301-290-0040 in advance of class if you need assistance or require special accommodations.

All classes are open to the public.

The Promise Resource Center provides low-cost workshops for child care providers, parents and the community. Our workshops meet MSDE/Office of Child Care requirements for Core of Knowledge training.



CANCELLATION POLICY

We do not issue refunds if a student cancels their enrollment in a class. If you need to cancel, you must call the Promise Resource Center **24-hours in advance** and we will gladly give you a credit for another class. ***Cancellations must be made 48 hours in advance for CPR and First Aid and Medication Administration** or your payment will be forfeited and no credits will be issued. Our cancellation policy includes webinar registration.

Credit for cancelled classes must be used to attend another class within 60 days of the cancellation or it is forfeited.

The Promise Resource Center reserves the right to cancel a class if, the day prior to the class, we don't have the necessary number of paid participants.

You will receive a call notifying you of the cancellation and your money will be refunded or a credit will be issued. Credit must be used to attend another class within 60 days of the cancellation or it is forfeited.

BECOME A PRC MEMBER TODAY!

Interested in becoming a member of The Promise Resource Center and receiving discounts on many of our classes?

For only \$10 a year, individual membership will earn you :

1 PAU

\$5 off select trainings

1 free training for every 5 trainings completed

Satisfaction in knowing you are helping families in our community receive services for low or no cost!

Membership is also available for centers. These memberships are \$25 a year. Center staff will receive \$5 off select trainings if the training is paid for by the center.

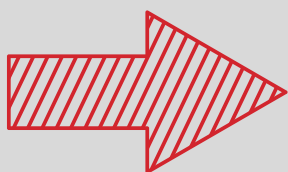
Visit thepromisecenter.org/register or call 301-290-0040 to register for membership today!



Become a member today!

Complete and mail this form + payment to:

The Promise Resource Center
8395 Old Leonardtown Rd.
Hughesville, MD 20637



Membership Application

Name: _____

Address: _____

City: _____ Zip: _____

Phone: _____

Email: _____

Membership Type

Renewal _____ New _____

Center/Group _____ Individual _____

LOCATE: CHILD CARE



LOCATE: Child Care

Every day, parents contact LOCATE: Child Care. Parents need comprehensive information to help them make informed decisions for their child. The more complete and current your information is, the better we can help parents find and choose your program. Please review and update your provider record today. You can update your record now at <https://locate.marylandfamilynetwork.org/Provider/login>. Once you enter your information, it will be reviewed and activated in our database within just two business days.

Update your record now
at <https://locate.marylandfamilynetwork.org/Provider/login>

LOCATE Complaint Policy

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

Less Serious Complaint - No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.

Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.

Serious Complaint: any threat to the immediate health, safety, or welfare of a child.

When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/facility's records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE's actions in writing.

A provider may appeal the LOCATE Director's decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, LOCATE: Child Care Director.



MARYLAND
FAMILY
NETWORK
*Leading Maryland's
Child Care Resource Centers*



MARYLAND CHILD CARE
RESOURCE NETWORK

The Promise Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network.

NOVEMBER

TRAINING

SUN	MON	TUE	WED	THU	FRI	SAT
01	02 Imagine After School Spaces That Work 6:00-7:30pm Instructor: Sarah Sutherland Webinar \$30/\$35	03 CONTINUED Imagine After School Spaces That Work 6:00-7:30pm Instructor: Sarah Sutherland Webinar	04	05 Basic Health and Safety 1:00-4:00pm Instructor: Sarah Sutherland Webinar \$30/\$35	06	07 SUPER SATURDAY @ The Promise Resource Center Anti-Bias Cultural Competence Awareness 9:00am-12:00pm Instructor: Stacey Heidt \$30/\$35 <u>Time for Referral: Tips for Talking with Families</u> 1:00pm-3:00pm Instructor: Mary Hodson \$25/\$30
08	09	10 Supporting Breastfeeding in Childcare 6:00pm-6:30pm Instructor: Stacey Heidt Webinar \$10/\$15 SIDS, SUID and Other Sleep Related Infant Deaths 6:30pm-8:30pm Instructor: Stacey Heidt Webinar \$25/\$30	11 VETERANS DAY PRC CLOSED	12	13	14 CPR and First Aid 9:00am-1:00pm Instructor: Jay Hyde @ The Promise Resource Center \$85
15	16 Introduction to NAFCC Accreditation 6:30-8:30pm Instructor: Sarah Sutherland Webinar \$25/\$30	17	18	19	20	21
22	23 Simple Strategies for Staying Healthy During Trying Times 6:30-8:30pm Instructor: Mary Hodson Webinar \$25/\$30	24	25	26 THANKSGIVING PRC CLOSED	27 DAY AFTER THANKSGIVING PRC CLOSED	28
29	30					

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Webinar | COK: 3 hours of Curriculum
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DECEMBER

TRAINING

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06	07 Discipline is Teaching: Positive Strategies to Reduce and Prevent Challenging Behaviors 6:00pm-8:00pm Instructor: Sarah Sutherland WEBINAR \$25/\$30	08	09 Success Over Stress: Gain Control of Your Life 6:00pm-7:30pm Instructor: Mary Hodson WEBINAR \$30/\$35	10 CONTINUED Success Over Stress: Gain Control of Your Life 6:00pm-7:30pm Instructor: Mary Hodson WEBINAR \$30/\$35	11	12 CPR and First Aid 9:00am-1:00pm Instructor: Jay Hyde @ The Promise Resource Center \$85
13	14 Activities for the Cultural Diverse Classroom 6:00pm-7:30pm Instructor: Sarah Sutherland WEBINAR \$30/\$35	15	16 CONTINUED Activities for the Cultural Diverse Classroom 6:00pm-7:30pm Instructor: Sarah Sutherland WEBINAR \$30/\$35	17	18	19
20	21	22	23	24	25 PRC CLOSED	26
27	28 PRC CLOSED	29 PRC CLOSED	30 PRC CLOSED	31 PRC CLOSED	PRC CLOSED	

Maryland EXCELS: Orientation - An Introduction to Maryland's Quality Rating and Improvement System

Webinar

December 2, 2020 | 6:30pm-8:30pm

Instructor: Staci Burch

Webinar

\$15 for members and non-members

This training will provide participants with an introduction to Maryland EXCELS, resources available to support quality improvement, and requirements for publishing a quality rating.

Medication Administration @ The Promise Resource Center

December 5, 2020 | 9:00am-4:00pm

Instructor: Patricia Jennings

In-Person Learning | OCC Requirement

\$65 for members and non-members

This training course is a 6-hour competency-based class approved by MSDE/OCC to train child care providers to safely administer oral, topical and emergency medication to children in a child care setting. Upon successful completion of this course each participant will receive a certificate of completion which will allow the participant to administer MSDE/OCC approved medications to infants, toddlers, preschool.

Discipline is Teaching: Positive Strategies to Reduce and Prevent Challenging Behaviors

Webinar

December 7, 2020 | 6:00pm-8:00pm

Instructor: Sarah Sutherland

Webinar COK: 1 hour of Child Development and 1 hour of Curriculum

\$25 for members or \$30 for non-members

Prevention is the best form of intervention! Challenging Behavior is to be expected when working with children but not everyone is equipped with strategies on how to prevent and manage challenging behavior. Participants will learn strategies to both prevent and to handle challenging behavior including natural consequences, discipline, and ways to teach self-discipline. Participants will leave with a "toolkit" of approaches surrounding behavior to use in their early childhood programs.

Success Over Stress: Gain Control of Your Life

Two Part Webinar

December 9&10, 2020 | 6:00pm-7:30pm

Instructor: Mary Hodson

Webinar COK: 3 hours of Health, Safety and Nutrition

\$30 for members or \$35 for non-members

Working full time, providing quality child care and managing your personal life can lead to large amounts of stress. Learn how to recognize and manage stress triggers and gain control of your life.

CPR and First Aid @ The Promise Resource Center

November 14, 2020 | 9:00am-1:00pm

Instructor: Jay Hyde

In-Person Learning

\$85 for members and non-members

Participants will be trained in CPR for the infant, child and adult. This class meets the Maryland Child Care Administration's requirements for child care facilities.

Activities for the Culturally Diverse Classroom

Two Part Webinar

December 14&16, 2020 | 6:00pm-7:30pm

Instructor: Sarah Sutherland

Webinar COK: 1 hour of Child Development and 2 hours of Curriculum

\$30 for members or \$35 for non-members

This training will teach participants important implications for early childhood education and how they should develop clear objectives/goals for their instruction in order to select the best activities for children from culturally diverse backgrounds. This training will also teach participants how they can embrace the philosophy of lifelong learning regarding different cultures in order to improve their ethos in the support for diversity.

Membership

Interested in becoming a member of The Promise Resource Center and receiving discounts on many of the classes you see here?

For only \$10 a year, individual membership will earn you:

- 1 PAU
- \$5 off select trainings
- 1 free training for every 5 trainings completed
- Satisfaction in knowing you are helping families in our community receive services for low or no cost!

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