



LAST CHANCE TO TAKE
ADVANTAGE OF THIS DEAL!

**PURCHASE 2+
ELIGIBLE
TRAININGS IN
FEBRUARY AND
GET \$5 OFF
EACH CLASS!**

See training calendar for details.
Call 301.290.0040 today to register!

IN THIS ISSUE WE
WILL TALK ABOUT:

- Training Opportunities
- Early Childhood Development and Learning
- Promise Center's Drive-In Event is Back

MEMBER SPOTLIGHT

Welcome to our new and returning members!

- Jelly Beans Child Development Center
- Jelly Beans Early Learning Center
- Jeremy Puzzilla
- Tarisha Hester
- Aisling Elgesem

Be sure to "like" us on Facebook and follow our Instagram, Pinterest & Twitter accounts for even more news, tips, photos, and articles on child care, parenting, and more!



FEBRUARY TRAINING OPPORTUNITIES

Loveable Ones

Two Part Webinar

February 3&4, 2021 | 6:00pm-7:30pm

Instructor: Stacey Heidt

Webinar | 3 hours of Child Development

\$30 for members or \$35 for non-members

Play based learning experiences for the "Loveable One" are based on developmentally appropriate practice and our knowledge of young toddler development across all the domains of learning. Providers will explore how to use what they know about child development to create meaningful fun learning experiences for these loveable and fun learners.

"I Love You Rituals" and Other Routines for Infants and Toddlers

Webinar

February 8, 2021 | 6:30pm-8:30pm

Instructor: Mary Hodson

Webinar | 2 hours of Child Development

\$25 for members or \$30 for non-members

The workshop will outline the impact of intentional, positive strategies on infant and toddler brain development. Participants will learn about the effects of a negative attention cycle on children's ability to connect with adults in positive ways. Participants will create a plan to incorporate rituals and routines into daily activities that contribute to positive cycles of brain development.

Medication Administration

@ HYBRID * Two Part Training*

Webinar and The Promise Resource Center

February 11 & 13, 2021 | 6:00pm-9:00pm & 9:00am-11:00am

Instructor: Patricia Jennings

HYBRID LEARNING | OCC Requirement

\$75 for members and non-members

This training course is a 6-hour competency-based class approved by MSDE/OCC to train child care providers to safely administer oral, topical and emergency medication to children in a child care setting. Upon successful completion of this course each participant will receive a certificate of completion which will allow the participant to administer MSDE/OCC approved medications to infants, toddlers, and preschoolers.

Open-Ended Art for the Preschool Child

Two Part Webinar

February 23&24, 2021 | 6:00pm-7:30pm

Instructor: Sarah Sutherland

Webinar | COK: 3 hours of Curriculum

\$30 for members or \$35 for non-members

Art engages children's hands, minds, emotions and helps develop valuable cognitive, socio-emotional and multisensory skills. This course is designed for teachers to learn to identify the many developmental skills children can master through open-ended art activities, and how self-directed art fosters brain development, creativity and self-esteem. Inclusive for all early art learners.

IN-PERSON LEARNING

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CPR and First Aid

@ The Promise Resource Center

February 20, 2021 | 9:00am-1:00pm

Instructor: Jay Hyde

In-Person Learning | OCC Requirement

\$85 for members and non-members

Participants will be trained in CPR for the infant, child and adult. This class meets the Maryland Child Care Administration's requirements for child care facilities.

Emergency and Disaster Preparedness

@ The Promise Resource Center

February 27, 2021 | 9:00am-4:00pm

Instructor: Sarah Sutherland

In-Person Learning | COK: 3 hours of

Health, Safety, and Nutrition and 3 hours of Professionalism

\$50 for members and non-members

This six hour workshop meets the OCC requirements for Emergency Preparedness training. Participants will complete an approved emergency preparedness plan in the workshop. Please bring a bag lunch.

Location of class indicated by RED text.

We have several class options available at this time. Please be aware that each training opportunity has the location indicated in red under each class name.

IN-PERSON LEARNING COVID-19 REQUIREMENTS AND PROCEDURES:

- All desks, chairs and pens provided will be sanitized prior to class beginning
- All attendees and trainers must wear face masks at all times
- Class sizes are limited to account for social distancing protocol
- Sanitizer stations are available in the lobby and by the training room
- Trainer will ask each attendee health screening questions prior to entering the training room and temperature will be taken upon arrival
- Visitors must use restroom in the lobby





Early Childhood Development and Learning

Birth to Three Years



February 2021

Viewing Stress and Trauma Through Infant/Toddler Eyes

Together, Learning and Collaborating

Topic of Discussion:

Caring for Infants and Toddlers, and how we can support infants and toddlers and their families experiencing traumatic events.

Next Meeting:

Monday, February 15, 2021
6:30-7:30 pm RSVP at this link:
<https://forms.gle/UQ9d7z9VNUcPqGAh9>

Technical Assistance and Coaching to support and enrich your care and teaching practices such as:

- Planning the day for infants and toddlers
- Activities and materials that support infant and toddler development, learning
- Responsive Caregiving
- Infant and toddler environments for learning and development

Please feel free to contact me for more information:

Stacey Heidt
Infant and Toddler Specialist

301-290-0040 x 20
sheidt@thepromisecenter.org

Sign up for any of our events or follow us to stay up-to-date through our website or social media pages!

<http://thepromisecenter.org/>

This past year has been tough for the child care community, and many have experienced stress in meeting the basic needs for living. Some families and care providers have been experiencing stress that involves work and childcare, getting food on the table, worrying if they will be able to pay their rent and other bills.

Stressful and traumatic events come in different forms, and last year was the start of a global pandemic that is still impacting many of us.

Infants and Toddler experience trauma and stress in a significant way. This is a time in a child's life that their brains are developing so quickly and the impact of trauma and stress can lead to continued social and emotional struggles as they grow older.

Resource Link:

Trauma and children - newborns to two years

<https://www.betterhealth.vic.gov.au/health/HealthyLiving/trauma-and-children-newborns-to-two-years>

One important aspect to remember is that children will react differently to stress and trauma. Trauma is about perspective, reactions to stress and trauma vary depending on temperament, experiences, as well as the emotional support that children have within their environment.

Young children who are experiencing stress and trauma are often misunderstood. What we may see as behavior that is challenging for us as caregivers, is often times a feeling that the child doesn't quite know how to express. This could be fear, confusion, anger or sadness, and it might be related to what is going on in that child's world.

So What Can We Do?

'Provide a safe and nurturing environment

'Establish responsive relationships with children and families

'Provide children with predictable routines

'Teach children social, emotional and behavioral emotional skills

'Be responsive to the child's needs

'Try to understand the message of the child's behavior. What is the child trying to communicate?

'Encourage toddlers to use their words to express their feelings

"Babies and toddlers are directly affected by trauma. They are also affected if their mother, father or main caregiver is suffering consequences of the trauma. If their home and routine becomes unsettled or disrupted as a result of the trauma, babies and toddlers are also vulnerable." ~Better Health Channel

OUR 5TH ANNUAL DRIVE-IN FAMILY EVENT 2.0 IS BACK!



Helps parents build parenting skills like communication and positive discipline



Promotes family togetherness & bonding through supervised visitation and co-parent coaching



Educates child care providers through professional development courses and in-classroom support



Our mission is to provide a unique event that brings families and community together. We missed out putting on a big 5th Annual Drive-In Family Event this past year. To make up for all that was missed, we are hosting a 5th Annual Drive-In Family Event 2.0! This year, our event will be on July 30, 2021 at the St. Mary's County Fairgrounds! In addition to the showing of a popular children's movie on a giant inflatable movie screen, our guests will be able to experience drive-in style parking, face paintings, concessions, local vendors, and more! Help us celebrate this milestone by making this event bigger than ever! Sponsorship and volunteer opportunities now available.

Email Elizabeth Ocker at eocker@thepromisecenter.org for more information about these opportunities!

MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is our mission to ensure that every interaction with staff at the Child Care Resource Centers is positive and professional.

If you have concerns about an incident or some aspect of service at a Child Care Resource Center, please contact the director/manager directly. Contact information for these individuals can be found here (<https://marylandfamilynetwork.org/for-providers/findyour-child-care-resource-center>). If you are not satisfied with the way your concern is handled by the director/manager at the Child Care Resource Center, please contact Maryland Family Network at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the Statewide Coordinating Entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

REGISTRATION POLICY

Here at PRC, we have a passion for education and are excited to have you join us in the pursuit of knowledge!

We are now offering webinars to our clients. Webinars will be announced on our training calendar and posted on our website.

Currently, we are not accepting cash, checks, or money orders. You may call with a credit card to pay over the phone. Payment for a class will also be accepted online at thepromisecenter.org/register. Please note that classes must be paid for in advance, so please pay promptly to secure your spot.

Confirmations will not be mailed. Please call 301-290-0040 to verify your enrollment in a class.

You must be present and participate in the entire class to receive a certificate for the clock hours listed. Classes begin at the stated time and no admittance is permitted 15 minutes after the class has started. Late arrivals will not receive certificates, refunds, or transfers for the class.

For our webinars, class participation is required. You must have video and microphone capabilities. Participation in chats, class discussion and polls are required to receive your certificate. We ask that you eliminate as many distractions as possible when attending the class. Certificates will be mailed upon completion of the assessment.

If you have lost or misplaced a certificate, there is a \$5.00 replacement fee.

Please call 301-290-0040 in advance of class if you need assistance or require special accommodations.

All classes are open to the public.

The Promise Resource Center provides low-cost workshops for child care providers, parents and the community. Our workshops meet MSDE/Office of Child Care requirements for Core of Knowledge training.



CANCELLATION POLICY

We do not issue refunds if a student cancels their enrollment in a class. If you need to cancel, you must call the Promise Resource Center **24-hours in advance** and we will gladly give you a credit for another class. ***Cancellations must be made 48 hours in advance for CPR and First Aid and Medication Administration** or your payment will be forfeited and no credits will be issued. Our cancellation policy includes webinar registration.

Credit for cancelled classes must be used to attend another class within 60 days of the cancellation or it is forfeited.

The Promise Resource Center reserves the right to cancel a class if, the day prior to the class, we don't have the necessary number of paid participants.

You will receive a call notifying you of the cancellation and your money will be refunded or a credit will be issued. Credit must be used to attend another class within 60 days of the cancellation or it is forfeited.

BECOME A PRC MEMBER TODAY!

Interested in becoming a member of The Promise Resource Center and receiving discounts on many of our classes?

For only \$10 a year, individual membership will earn you :

1 PAU

\$5 off select trainings

1 free training for every 5 trainings completed

Satisfaction in knowing you are helping families in our community receive services for low or no cost!

Membership is also available for centers. These memberships are \$25 a year. Center staff will receive \$5 off select trainings if the training is paid for by the center.

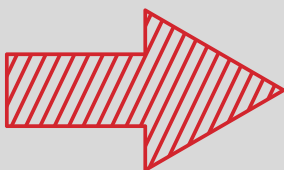
Visit thepromisecenter.org/register or call 301-290-0040 to register for membership today!



Become a member today!

Complete and mail this form + payment to:

The Promise Resource Center
8395 Old Leonardtown Rd.
Hughesville, MD 20637



Membership Application

Name: _____

Address: _____

City: _____ Zip: _____

Phone: _____

Email: _____

Membership Type

Renewal _____ New _____

Center/Group _____ Individual _____

LOCATE: CHILD CARE



LOCATE: Child Care

Every day, parents contact LOCATE: Child Care. Parents need comprehensive information to help them make informed decisions for their child. The more complete and current your information is, the better we can help parents find and choose your program. Please review and update your provider record today. You can update your record now at <https://locate.marylandfamilynetwork.org/Provider/login>. Once you enter your information, it will be reviewed and activated in our database within just two business days.

Update your record now
at <https://locate.marylandfamilynetwork.org/Provider/login>

LOCATE Complaint Policy

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

Less Serious Complaint - No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.

Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.

Serious Complaint: any threat to the immediate health, safety, or welfare of a child.

When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/facility's records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE's actions in writing.

A provider may appeal the LOCATE Director's decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, LOCATE: Child Care Director.



MARYLAND
FAMILY
NETWORK
*Leading Maryland's
Child Care Resource Centers*



MARYLAND CHILD CARE
RESOURCE NETWORK

The Promise Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network.

FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
	01	02	<div>03</div> <div>Loveable Ones 6:00pm-7:30pm Instructor: Stacey Heidt WEBINAR \$30/\$35</div>	<div>04</div> <div>CONTINUED Loveable Ones 6:00pm-7:30pm Instructor: Stacey Heidt WEBINAR</div>	05	06
07	<div>08</div> <div>"I Love You Rituals" and Other Routines for Infants and Toddlers 6:30pm-8:30pm Instructor: Mary Hodson WEBINAR \$25/\$30</div>	09	10	<div>11</div> <div>Medication Administration 6:00pm-9:00pm Instructor: Patricia Jennings WEBINAR \$75</div>	12	<div>13</div> <div>CONTINUED Medication Administration 9:00am-11:00am Instructor: Patricia Jennings @ The Promise Resource Center</div>
14	15	16	17	18	19	<div>20</div> <div>CPR and First Aid 9:00am-1:00pm Instructor: Jay Hyde @ The Promise Resource Center \$85</div>
21	22	<div>23</div> <div>Open-Ended Art for the Preschool Child 6:30pm-8:00pm Instructor: Sarah Sutherland WEBINAR \$30/\$35</div>	<div>24</div> <div>CONTINUED Open-Ended Art for the Preschool Child 6:30pm-8:00pm Instructor: Sarah Sutherland WEBINAR</div>	25	26	<div>27</div> <div>Emergency and Disaster Preparedness 9:00am-4:00pm Instructor: Sarah Sutherland @ The Promise Resource Center \$50</div>
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TRAINING

 = Bundle Deal Available

 **Loveable Ones*****Two Part Webinar*****February 3&4, 2021 | 6:00pm-7:30pm***Instructor: Stacey Heidt**Webinar | 3 hours of Child Development**\$30 for members or \$35 for non-members*

Play based learning experiences for the "Loveable One" are based on developmentally appropriate practice and our knowledge of young toddler development across all the domains of learning. Providers will explore how to use what they know about child development to create meaningful fun learning experiences for these loveable and fun learners.

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The workshop will outline the impact of intentional, positive strategies on infant and toddler brain development. Participants will learn about the effects of a negative attention cycle on children's ability to connect with adults in positive ways. Participants will create a plan to incorporate rituals and routines into daily activities that contribute to positive cycles of brain development.

Medication Administration**@ HYBRID Webinar and The Promise Resource Center****February 11 & 13, 2021 | 6:00pm-9:00pm & 9:00am-11:00am***Instructor: Patricia Jennings**Hybrid Learning | OCC Requirement**\$75 for members and non-members*

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Emergency and Disaster Preparedness**@ The Promise Resource Center****February 27, 2021 | 9:00am-4:00pm***Instructor: Sarah Sutherland**In-Person Learning | COK: 3 hours of Health, Safety, and Nutrition and 3 hours of Professionalism**\$50 for members and non-members*

This six hour workshop meets the OCC requirements for Emergency Preparedness training. Participants will complete an approved emergency preparedness plan in the workshop. Please bring a bag lunch.

Membership

Interested in becoming a member of The Promise Resource Center and receiving discounts on many of the classes you see here?

For only \$10 a year, individual membership will earn you:

- 1 PAU
- \$5 off select trainings
- 1 free training for every 5 trainings completed
- Satisfaction in knowing you are helping families in our community receive services for low or no cost!

Visit thepromisecenter.org/register or call 301-290-0040 to register for membership today!

MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
	01	02 Working with Mixed Age Groups 6:00pm-9:00pm Instructor: Sarah Sutherland WEBINAR \$30/\$35	03	04	05	06
07	08	09	10	11	12	13
14	15 Basic Health and Safety with Supporting Breastfeeding in Child Care 6:00pm-9:00pm Instructor: Sarah Sutherland WEBINAR \$30/\$35	16	17	18	19	20 SUPER SATURDAY! DETAILS COMING SOON!
21	22	23 SIDS, SUID, and Other Sleep Related Infant Deaths 6:30pm-8:30pm Instructor: Stacey Heidt WEBINAR \$25/\$30	24	25	26	27
28	29	30	31 Including All Children and The Americans with Disabilities Act 6:00pm-9:00pm Instructor: Sarah Sutherland WEBINAR \$30/\$35			

TRAINING

Working with Mixed Age Groups***Webinar*****March 2, 2021 | 6:00pm-9:00pm***Instructor:**Webinar | COK: 2 hours of Child Development and 1 hour of Curriculum**\$30 for members or \$35 for non-members*

Working with a group of children who are different ages presents child care providers with unique challenges and opportunities. Learn strategies to overcome challenges, create daily schedules and meet the needs of each child.

Basic Health and Safety with Supporting Breastfeeding in Child Care***Webinar*****March 15, 2021 | 6:00pm-9:00pm***Instructor: Sarah Sutherland**Webinar | COK: 3 hours of Health, Safety, and Nutrition**\$30 for members or \$35 for non-members*

This training will satisfy the CCDF Health and Safety Requirements. This training is highly interactive and informative.

Satisfies the Supporting Breastfeeding in Child Care training.

SIDS, SUID and Other Sleep Related Infant Deaths***Webinar*****March 23, 2021 | 6:30pm-8:30pm***Instructor: Stacey Heidt**Webinar | COK: 2 hours of Health, Safety, and Nutrition**\$25 for members or \$30 for non-members*

As infant and toddler caregivers, it is important to understand SIDS and sleep-related deaths, including the many strategies which can be implemented to reduce the risk of sleep-related death. Participants will review what is SIDS and sleep-related death, review recent research and statistics, gain greater understanding of the role child care plays in keeping infants safe, and the recommendations and strategies for keeping children safe.

Including All Children and the Americans with Disabilities Act***Webinar*****March 31, 2021 | 6:00pm-9:00pm***Instructor: Sarah Sutherland**Webinar | 3 hours of Special Needs**\$30 for members or \$35 for non-members*

This training will go over the requirement of the ADA and inclusionary practices in early childhood and school age programs. Also, learn about local, state and national resources available to child care providers.

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